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## INTERCESSIONS

### SUNDAY, FEBRUARY 23, 2025

#### In our Diocese we pray for ·

- † The Rt. Rev. Shane Parker - Bishop of Ottawa
- † Anne our Metropolitan and Acting Primate
- † Staff at Ascension House
- † St. Mark the Evangelist Church - Ottawa

#### In Kanata we pray for ·

- † Catch The Fire
- † St. Mina & St. Karas Coptic Church
- † Anglican Parish of March
- † Bethesda Renewal Centre

#### We pray for the ministry of St. Paul's Church ·

- † The people of St. Paul's
- † St. Paul's Clergy & Staff: Stephen, Bill, John, David, Darlene, Basile, & Allison & their families
- † All Ministry Leaders
- † Our Wardens - Danielle, Mark, Colin, & Kevin
- † The Youth of St. Paul's
- † Wednesday Eucharist & Bible Study

#### Your prayers are requested for ·

Carl, Elizabeth, Margarita, Doug, Aaron, James, Mark

You can email "Your prayers are requested for" names to [bulletin@stpaulshk.org](mailto:bulletin@stpaulshk.org)

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## ANNOUNCEMENTS

**Sunday February 23rd** · Please note that Vestry will be held today (Sunday February 23rd) starting at 11:30am in the Sanctuary. Please sign in to vote prior to the meeting. The sign in station will be just inside the double doors of the Sanctuary.

**Stations of the Cross Prayer Service** · This Lent, Fr. Stephen will be leading a weekly prayer service. Starting on Friday, March 7th at 11am and repeating each week until the Friday before Palm Sunday. It involves short prayers and silence as we pause before the sculptures of these different steps, which are depicted on the walls of our church sanctuary. Following each service, we will be enjoying a simple lunch of soup and a bun. Participation is free, and doesn't require pre-registration. However we invite participants to sign up to provide soup for one of the weeks. Please contact Fr. Stephen at [fr.stephen@stpaulshk.org](mailto:fr.stephen@stpaulshk.org), or to sign up to provide soup.

**Lenten Book Study** · Fr. Stephen & Tabea will be hosting a book study "Chasing Humility" by Joel Stepanek at their home over Lent on Tuesday evenings at 7pm. Space is limited so please contact Fr. Stephen to register or to ask for more information. [fr.stephen@stpaulshk.org](mailto:fr.stephen@stpaulshk.org) 613-836-1001.

**Shrove Tuesday** · We will be having our annual Pancake Supper on Shrove Tuesday March 4th 2025 4:30pm to 6:30pm. There will be pancakes, sausages, beans, real maple syrup and dessert. This year, again, we will have a free-will donation for the meal. However, there will be a sign-up sheet Feb 16th and 23rd between services so we can make sure we have enough for all. Take-out and gluten free options will be available.

**Ash Wednesday** · Please join us March 5th at 7pm for our traditional Eucharist and Imposition of Ashes. This service marks Ash Wed. the first day of the church's Lenten season. It provides us with the opportunity to reflect on our sins and mortality, and to remind ourselves that Christ took these things on himself so that we might be saved. All are encouraged to attend.

**Ash Wednesday Children's Day** · Held March 5th from 9am to 4pm at St. Paul's for children in grades Junior Kindergarten to Grade 6. We will be exploring through worship, crafts, and activities themes of forgiveness in gentle and child-friendly ways. As a religious event, children are permitted to be excused from school without penalty. Non-parishioners are welcome so children are encouraged to invite a friend. The program is free, but donations are gratefully accepted. Lunch provided. We are looking for volunteers to help supervise. Teens in need of volunteer hours are welcome. Permission forms available for those who need to be excused from school. Please contact Allison Barnum for more details. [childrensministry@stpaulshk.org](mailto:childrensministry@stpaulshk.org)

**Next Week's Lessons** · Exodus 34:29-35; Psalm 99; 2 Corinthians 3:12—4:2; Luke 9:28-36

## OFFERINGS / DONATIONS

We continue to rely on your donations to further the work of our parish and help serve our community. Please visit our website at <https://stpaulshk.org/give> for important details on how to donate through Church Envelopes, Monthly Pre-Authorized Withdrawal, E-Transfer, or Canada Helps.

The logo for St. Paul's Anglican Church features a stylized cross with a blue and white design, followed by the text "St. Paul's" in a large, bold, black serif font, and "ANGLICAN CHURCH" in a smaller, black, all-caps sans-serif font below it.