

# CORNERSTONE

Summer, 2024

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[www.stpaulshk.org](http://www.stpaulshk.org)

**St Paul's**  
ANGLICAN CHURCH



*A growing community called to know Jesus Christ and make him known in the world by our presence.*

## Sunday Summer Services

June 9 to September 1

8:00 a.m. – Said Service and Eucharist.  
10:00 a.m. – Holy Communion. Nursery available. Sunday School end-of-year picnic after the 10am service on June 23. Sunday School will resume in September.

All services are available online through the church website. The Book of Alternative Services is also available online: <https://www.anglican.ca/wp-content/uploads/BAS.pdf>

## Other Services

**Wednesday 10 a.m. Bible Study** will finish for the summer on June 19 and begin again on September 25.

**Memorial Prayers** The first Sunday of September, November, January, March and May, at 12:30 p.m.

## Inside this issue:

- **Message from Fr. Stephen**
  - **Church Picnic June 23**
  - **Stewardship**
  - **St. Paul's History: Weddings**
  - **Memory Lane**
  - **Wednesday Bible Study**
- ...and more!

September edition deadline:  
**Tuesday, September 3, 2024**

Please send submissions to:  
[cornerstone@stpaulshk.org](mailto:cornerstone@stpaulshk.org)



## A message from Father Stephen

### Father's Day

Every year, as Father's Day approaches, I find myself considering the state of masculinity in our culture. Anyone who has done much reading on it will know that things don't look good for men lately. Men are graduating high school

at lower rates than they used to, are at much higher risk of suicide and addiction, and are increasingly dropping out of the work force. While women and girls face their own challenges, statistics like these suggest that men and boys are particularly troubled lately.

A book which has helped me understand why things have been heading this way is Nancy Pearcey's book, *The Toxic War on Masculinity*. Pearcey suggests that part of the reason men find themselves lost today is because of a shift that occurred centuries ago. The industrial revolution changed our world in tremendous ways: it brought about mass production, cheaper consumer goods, advances in medicine, and tremendous increases in agricultural production. But amid these advances, Pearcey notes, it also brought a change in family dynamics which has effects we feel today.

Prior to the revolution, most goods were produced in the family home. A blacksmith might have a shop behind his village home. While he hammered away at horseshoes, his wife would settle accounts with suppliers, his younger children would collect the eggs and tend the vegetable garden, and his older children would collect the iron for the smelter and repair the tools. The point is that the production of goods and the income to support the family came as a result of a family working together. Being a productive man

meant being a good father and husband, working together with his family for its greater good.

The industrial revolution changed this dynamic. Once factories became the prime location of production, rather than the home, men were encouraged to leave home to work in the plant. Women were encouraged to tend the home and the children. The effect was to create a stark division of labour which had never existed before. The end result was a gradually increasing division between men's worlds and women's worlds — something that both sexes have grown dissatisfied with.

For many men, the modern idea of manhood meant devoting your whole sense of purpose to work outside the home. For modern folks, that is where real men succeeded, and where real men found fulfillment. Yet for many men today, the world of work outside the home has grown less and less fulfilling. Many men who gave their lives over to work outside the home have entered retirement with nothing more than a gold watch, a handshake, and a sense that what they spent their lives on had left no lasting legacy. Young men look at this and feel no desire to make the same mistakes.

Pearcey's argument is that this shift in attitudes towards masculinity has contributed to our culture's growing sense of unease and purposelessness. Our material blessings have grown exponentially, but our sense of purpose, worth, and meaning has shrunk. Many men have responded to this situation by embracing despair.

It is a pervasive problem, but it is not the only way to respond to our current challenges. In fact, God did not make men to languish in despair. As He did with women, He made men to live an abundant and purposeful life. Like Pearcey, I believe an important part of recapturing that abundance and meaning is embracing a different family model than the industrial revolution gave us. For many men, this will mean embracing the value and dignity of being not only a wage earner, but a dad.



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My own fatherhood is a good example of this. Being a dad has rescued me from the cycle of despair that industrialization has brought to so many men. Unlike most jobs today, my profession afforded me the privilege of work intertwined with family life. My early years as a dad were spent working at a church next door to where I lived. So, instead of being away all day, I got to spend a lot of time with my children and with my wife. As the kids progressed through their toddler years, they enjoyed lunches with me at home, and accompanied me to nursing home services where they could be fawned over by the elderly residents. I had the privilege of taking time off to attend their Christmas concerts and recitals. And they and my wife often spent time with me at church, participating in worship, in suppers, and in the community's life.

What this situation gave me was the realization that I didn't need to worry about being a "real man" or worry when my job didn't give me the satisfaction I needed. By being a dad, I was part of something greater than myself — something greater than my job. My goal was not to worry about earning worth in the world, but to give my energy to being a good husband and father. Sometimes that meant me taking on traditionally masculine tasks, and some meant me taking on traditionally feminine ones. It didn't matter. What mattered was knowing that what my wife and I did as a team was contributing to something great. My confidence as a man came almost as an afterthought, for I knew that in doing all I could to love my wife and kids, I was fulfilling my great purpose in life.

Many families lack the privileges that I have had. Many of us will still need to undertake long commutes, and many will work shifts that make it difficult to devote the time we would like to our family life. But I believe God still has great things in store for us if we do our best to place our families at the centre of our lives.

By being fathers, men are given an opportunity to live a life that defies despair and anxiety. As a father, you are not merely a worker who can be replaced by another, and your contributions to family life will not go unnoticed. Whether they are young or old, you will always be a fundamental part of your child's wellbeing. And as a faithful father and husband, you will be

## Church Picnic

June 23 at 11:30 a.m.

Sunday school will continue at the 10 am service starting June 9. It ends on June 23 and will resume in September.

A church picnic and end of Sunday School event is scheduled for June 23. Join us at 11:30 am in the park behind the church for some old-fashioned children's games, hot dogs and fellowship.



The church will provide the hot dogs and beverages. We're asking everyone to bring a lawn chair, a side dish or dessert to share, and some mosquito spray. This is an event for all parishioners — adults and kids alike!

We'll also be including a display of memorabilia from the church's past children's activities.

a model for them of what a good man should be.

In fatherhood, you are given the chance to show a vulnerable human being what it is to be truly loved. You are being entrusted by God to raise him or her up to know that they are fearfully and wonderfully made. By being a good and loving father, you are encouraging them to believe that there is an even better and more loving Father watching over them. Simply by loving them, and showing them that they are the great priority in your life, you are giving them a sense of what it means to be human: people made in another's image, loved by Someone greater than themselves.

For you dads reading this: you may be feeling inadequate as Father's Day approaches. You may be worried that you aren't all that you should be. Perhaps there are things you should change, so don't ignore them. But remember this: you matter to your family. You matter to God. And your example matters to the many young men who look for meaning in this world. Take the day to celebrate it, and enjoy the privilege of being a dad.

Stephen+

# Growing Your Legacy, Part 2

by the Stewardship Team

Last month, we thought about what Growing Your Legacy means in terms of how our lives today can bless future generations. In this issue, we will focus on Growing Your Legacy here at St. Paul's.

## Your Personal Legacy

Here's the good news! As an active member of St. Paul's, your legacy is already underway! Your everyday contributions of service, time, skills, knowledge, donations, and the building and nurturing of relationships through the use of your (spiritual) gifts are all contributing towards your legacy. Keep up the great work! Your legacy is in good hands.

## Your Estate (Wealth)

Your wealth is obviously a very personal matter. It is made up of many elements ranging from bank accounts, investments, insurance policies, property, fine arts, and perhaps even a few dollars under your mattress or in your cookie jar. Deciding what happens to this wealth when you die may be straightforward or complex, depending on your circumstances. But the decision is always yours to make. Making and recording that decision in the form of a will *before you die* is absolutely the best method of ensuring that your final wishes will be respected and carried out as intended.

## Estate Planning and Legacy Giving

A legacy gift is a gift deferred – a way of expressing your wishes **now** about how your resources are to be used **later**. Legacy giving is usually a part of your overall *Estate Planning* process. An inventory of your current and anticipated future wealth can be



utilized to carefully craft a plan that optimizes your wealth, both before and after you die, so that it meets your specific desires regarding your intended beneficiaries. Legacy giving can materially and substantially assist in optimizing the financial impacts of your estate through directing a portion of your estate to a charity, such as St. Paul's.

## Legacy Giving (or Planned Giving)

While there are many ways of leaving a legacy, *Legacy Giving* has generously blessed our church over the years. A legacy gift to St. Paul's involves making a specific provision in your estate plan, such as a bequest or endowment. You may designate your gift as a specific amount of money, a percentage of your estate, or even a specific asset, such as an investment, an insurance policy, or a real estate property to be transferred to St. Paul's when you die.

Legacy gifts can be unrestricted, providing St. Paul's with flexibility to allocate funds when and where they are most needed. Or, you can designate your gift to a specific purpose, such as supporting a particular ministry, a mission project, or a building project. Designated gifts can be invested in a trust fund to be allocated only when the designated condition is met. Our current St. Paul's building owes much to those who had the vision and perspective to direct their legacy gifts to just such a trust fund.

## Why Consider St. Paul's for a Legacy Gift?

Legacy giving is not separate from Christian Stewardship, but rather an important part of it. At the heart of legacy giving lies a profound sense of stewardship – a recognition that all we possess is a gift from God, entrusted to us for the betterment of our church, our community and the world at large. It provides an opportunity for us to extend our commitment to our values of compassion, justice, and hope beyond our lifetime.

Put another way, a legacy gift to St. Paul's would literally be:

- A selfless act of generosity to your church
- A demonstration of faith that your gift will be of

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significant benefit in supporting the church's mission and ministry well into the future

- An indication of your wisdom and foresight in optimizing the value of your overall estate for the benefit of *all* your beneficiaries
- a visible act of service in providing tools for those who follow to sustain and grow our church, the impact of which will reverberate through generations
- an acknowledgment of gratitude to your God who has so richly blessed your life with His gifts

***“Honour the Lord with your wealth, with first fruits of all your produce; then will your barns be filled with plenty, with new wine your vats will overflow.”***

***(Proverbs 3: 9-10)***

It should also be said that the value of a legacy gift is not an issue of how big or small, but entirely of the giver's relationship with God and His Church. Taking a cue from the legacies of our St. Paul's forebears, ask yourself: “What might I do today that will bless my church tomorrow?”

When is the right time to make a Legacy Gift?

The creation of a legacy gift is not time dependent (unless, of course, you've waited beyond your “best before” date). Just as wills and testaments can be modified at any time, so can your legacy gifts, based on your changing circumstances. However, earlier attention to your overall estate plan, including consideration of a legacy gift, can pay dividends regarding how best to build, maintain, and optimize your legacy. A legacy gift is, after all, a commitment made to protect those you love - and an opportunity to benefit your Church for generations to come. Whatever monetary elements will be a part of your legacy, your prayerful thought and attention to them today will ensure a better outcome tomorrow.

I'm Not Ready!

Talking about wealth and legacy may be uncomfortable because it recognizes our mortality. Yet by thinking carefully, and prayerfully, about what we write into our wills, we can ensure that the people and institutions we love may be blessed even after we are gone. This discernment doesn't have to be

done on your own. A spouse, a trusted friend, or a financial planner can be a great help in considering how best to ensure your wishes are honoured.

Protect Your Legacy!

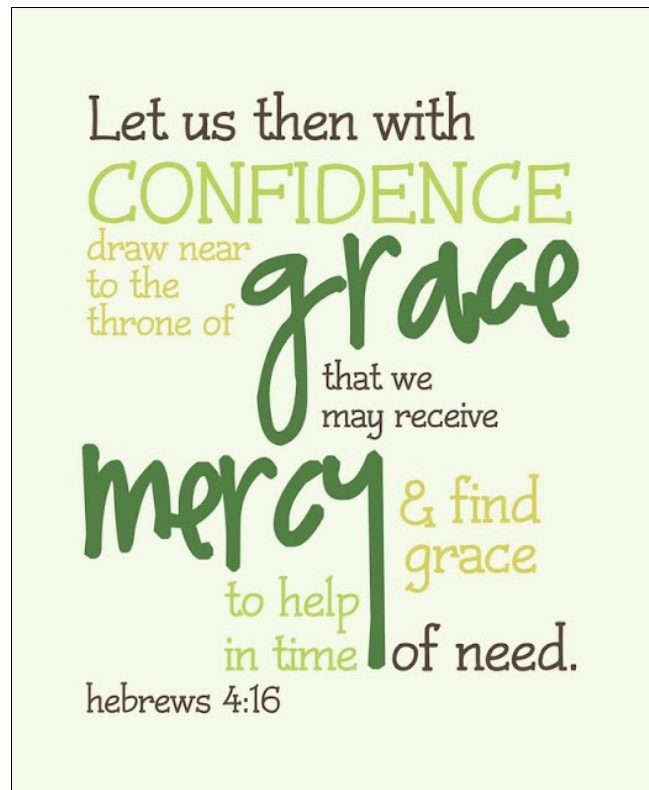
If you think all this sounds complicated, you are in good company. To ensure your wishes are clear and fully understood, experts strongly recommend relying on advice from legal and financial professionals. They can help you prepare your legacy giving and overall estate plans in a way that makes them clear and easily understood.

To learn more about legacy giving in the life of the church, please talk to any member of the Stewardship Team:

Mark Stalter, Tracy Albert, Francis Christensen, Kristen VanderHoek, or Fr. Stephen; or email us at [stewardship@stpaulshk.org](mailto:stewardship@stpaulshk.org).

*The Stewardship Team*

**Vestry Theme for this year**



## A Trip Down Memory Lane: the Friendship Club

Many years ago, the Friendship Club was formed by young couples with or without children who couldn't afford to go out to restaurants, etc, or anywhere else that cost a lot of money.

It ran on the third Saturday of the month, except July and August. In September, we would just get together and come up with ideas of inexpensive things to do so that we had a calendar for the upcoming year.

Presidents were elected (a couple) and also hosts for each activity, who organized whatever was needed for that month. Some of the things we did were a Halloween party, a Christmas dinner, a Caribbean dinner, indoor Olympics, and bowling parties. One

month we were very lucky as Robert Andrews (who worked for an MP) gave us a tour of the Houses of Parliament.

We always had a good time and friendships were forged that lasted for decades.

If you enjoy these stories and you have some of your own dating back to the old church, please email me at [bloob1068@gmail.com](mailto:bloob1068@gmail.com) or call and talk to me at 613-599-2075.

*The Church Lady*



## Wednesday Bible Study

Last session June 19

Each week we discuss the Bible passages for the coming Sunday and consider how they apply to our lives. The study is led by one of our clergy. Participation is encouraged, but listeners are always welcome!

On the first Wednesday of each month, the study will be held in person only in the church and will be combined with the Eucharist. On the other Wednesdays, it will be held only on Zoom. To join our Zoom study, please use this link:

<https://us06web.zoom.us/j/82271983630?pwd=REF1dEVQRWJFUVP3VS9yRXBsWENZdz09>

Meeting ID: 822 7198 3630, Passcode: 360679

Every session (in-person and Zoom) will be recorded for our Youtube channel: <https://www.youtube.com/StPaulsAnglicanChurch>

## Cenotaph memorial stones Kanata Legion Branch 638

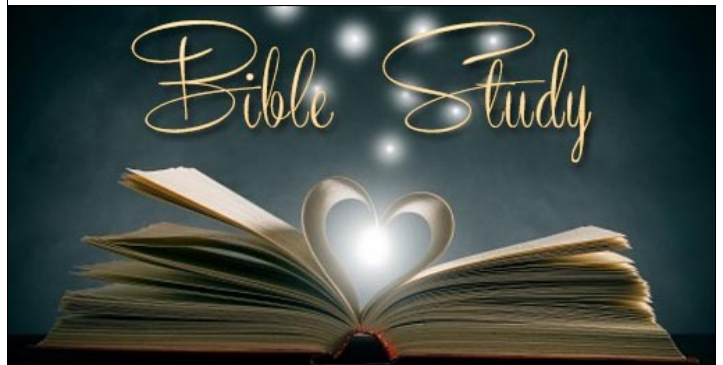
Honour a veteran family member or friend with a memorial stone in front of the Cenotaph on Village Green Memorial Park in Colchester Square, Kanata.. The stones are 6x6 inches in the ground, 4 lines of 12 characters max per line. The cost per stone is \$150. Please contact me for more information. I will be happy to deliver an application to you.

In service,

*Moir*

613-592-3376, [mmgreen@live.com](mailto:mmgreen@live.com)

Lest We Forget



## Weddings at St. Paul's

### Memories...

We were married in 1969 on Friday, February 14, at 7:30 p.m. I remember it was a very cold evening and snowing. Rev. Lyndon McKeown presided. *Moira Green*

Don and I were married at St. Paul's on Saturday, May 7, 1988, at 1 p.m. by Rev Canon Ken Rutter. He had planned to retire at the end of April, but we asked him to stay until after our wedding, and he agreed. It was a wonderful sunny spring day and the tulips had just started to come out. Many of the grade 8 children that I was teaching at the time came to the ceremony and sat at the back of the church, which I thought was very special. Don and I met in January 1985, in the aisle of that little stone church, and this past Tuesday would have been our 36th anniversary. *Pauline Cherry*

### The Calixte-Djetore Wedding, September 25, 2021

Monti and Onome were the first couple Fr. Stephen married at St. Paul's. Held during the later stages of the COVID lockdowns, it was a happy occasion in the middle of a difficult time in the church's life.

### The Marles-Bookalam-Hawkins Wedding, October 1, 2011

We were married October 1, 2011, at St. Paul's by Father John, with about 80 friends and family in attendance. It was a windy, chilly day, about -4 outside, but also so beautiful. Jeff grew up going to St. Paul's, was confirmed and served as an altar boy in his youth, so it was nice to honour that history by having our wedding there. We have gone on to have both our children baptised at St. Paul's, both by Father John before his retirement. Happy 150-year Anniversary, St. Paul's! *Holly & Jeff Hawkins*

### The Thompson-Marsh Wedding, June 12, 1971

Howie and Diane Marsh were married in St. Paul's little stone church on Saturday, June 12, 1971. The Reverend Mr McKeon, who shared his duties at St. Paul's with the parish of St. Thomas, Stittsville, performed the ceremony. It was a very hot, sticky day

with intermittent thunder storms. The 120 guests packed the little church. It was the great joy of my twelve year old brother to ring the church bell after the wedding. *Diane Marsh*



### The Mulhall-Kofoed Wedding, May 20, 2006

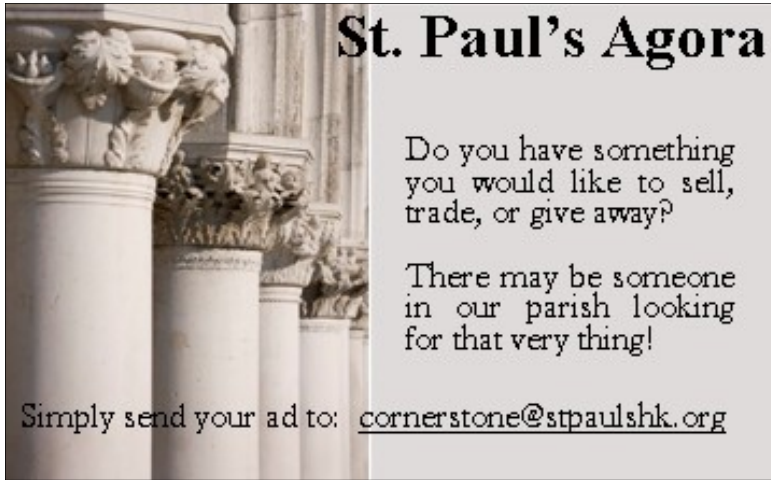
Our daughter Erin Mulhall's wedding to Kevin Kofoed May 20, 2006! We had planted the first batch of tulips in the new side garden and front by the stairs. It was exciting to see the new church building taking shape inside & out. The service combined traditional Anglican liturgy with some traditional Filipino. Very thankful for Fr John Bridges embracing the two cultures for Erin & Kevin. Erin & Kevin still enjoy coming to St. Paul's when they are visiting from Burlington! *Minx Mulhall*

### The Ledas-Semenchuck Wedding, August 7, 2010

Christina, one of our two daughters, was married at St. Paul's on August 7, 2010, on a beautiful sunny day. Christina was born in London, ON, but moved to Kanata and St. Paul's (along with Jane and me!) when she was 2 months old. Christina met Aden Semenchuk, her future husband, when they were working at the Kanata Home Depot. The wedding, with St. Paul's as a spectacular setting, went successfully, except for the loss of the festive helium balloons, which went sailing upwards when the trunk of the car was opened, as they were only held by the trunk lid. Christina, Aden, and their two children live in Kanata and attend St. Isadore, as Aden is a principal in the Catholic school board. *Paul Ledas*

### The Bowers-Bishop Wedding, February 20, 2022

Chloe Bowers and Jacob Bishop were married by Fr. Stephen during the middle of the pandemic. Chloe is Fr. Craig Bowers' youngest daughter and so the wedding here was a particularly special event. Chloe and Jacob now have 2 children.



## St. Paul's Agora

Do you have something you would like to sell, trade, or give away?

There may be someone in our parish looking for that very thing!

Simply send your ad to: [cornerstone@stpaulshk.org](mailto:cornerstone@stpaulshk.org)

### 'Quilts for Kids'

The Tuesday morning Quilters have beautiful hand-quilted items for sale. Prices range from as low as \$20.00 up to \$55.00. This is a fundraiser for the church. Please support us.



If you wish to purchase a quilt, please contact Joan Ferrier at 613-270-1104.



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