

CORNERSTONE

September, 2024

20 Young Road
Kanata, Ontario
K2L 1W1
613-836-1001
www.stpaulshk.org

St Paul's
ANGLICAN CHURCH



A growing community called to know Jesus Christ and make him known in the world by our presence.

Sunday Services

7:45 a.m. – Said Service and Eucharist.

9:00 a.m. – Traditional/Choral Holy Communion. Nursery available. Children's Ministry meets downstairs for lessons and crafts.

11:00 a.m. – Praise Music Holy Communion. Nursery available. Children's Ministry meets downstairs for lessons and crafts.

All services are available online through the church website. The Book of Alternative Services is also available online:

<https://www.anglican.ca/wp-content/uploads/BAS.pdf>

Other Services

Wednesday 10 a.m. Bible Study In-person on the first week of each month and via Zoom other weeks. See inside for details.

Memorial Prayers The first Sunday of September (note: Sept 8 because of Labour Day), November, January, March, May and July at 12:30 p.m.

Inside this issue:

- **Message from Fr. Stephen**
 - **Children's Ministry**
 - **Reflection Camino**
 - **Christmas Bazaar**
 - **Building 20th Anniversary**
 - **Wednesday Bible Study**
- ...and more!

October edition deadline:
Tuesday, October 1, 2024

Please send submissions to:
cornerstone@stpaulshk.org



A message from Father Stephen

Our Sweet Summer is Gone

Isn't summer great? As I write this, I look back on warm nights, green grass, and the smell of barbecue. Our children swam in cool lakes, our garden flowers bloomed in vivid colours, and birds brightened each morning with their songs.

As the summer draws to a close, it's hard not to feel some sadness about its passing. After all, what do we have to look forward to but shorter days, colder nights, and snow? Come October, how many of us will cast a nostalgic gaze on these lazy summer times and wish we were back there again? The close of summer is thus a time where our deepest longings seem to point backward — to a time when things seemed better.

The thing about nostalgic gazing to the past, however, is that while it highlights the good, it tends to obscure what wasn't so good. We long for the brightness of summer, but we somehow forget the mosquito swarms, sunburns, bored kids, 40-degree humidex warnings, getting fleeced at tourist traps, and navigating crowded beaches. Summer can be just as much of an ordeal as any other season, so why do we remember it so fondly?

I think a big part of the answer is that our memories are not always about the events themselves. They are also about the feeling of hope we had while experiencing them. Consider a typical summer day for the working Joe or Joanne. They have a bad day at work, sweat their way through the commute, and pull into the home driveway tired and frustrated. But then



they see the flowers of the garden in bright bloom, smell the neighbour's barbecue starting up, hear the kids laughing as they dance around the sprinkler, and suddenly they remember there is goodness and beauty in the world. The bad hasn't disappeared. It just doesn't seem so endless or so dark.

There's a lesson here about the nature of Christian faith: its beauty lies not in making all things look good, but in seeing true goodness in the middle of what is broken. Like the summer, where beauty and warmth brighten everything, there are times in our lives when the power and beauty of the Lord make the world seem glorious. Maybe it was the time we first came to know Christ personally — when we first heard Him call us by name. Perhaps when the church was strong and prospering, filling us with pride at the work God was doing in our corner of the world. Or maybe it was a time when we were made deeply aware of the blessings which surrounded us. Whatever they were, they make those times look like a golden age. Then we turn to the present, and it looks awfully drab in comparison. And so we look back at the past, while despairing at what we have in front of us.

At times, when we look back in longing — when we are tempted to believe the present circumstances are irredeemable — it's worth remembering that what was truly great about those times in the past is that we were able to find light in the darkness. Things may have been very difficult indeed. But they were great times because we could find hope, even when things really weren't all that good. That is the gift God gives us, when He gives us the grace to know Him as our Lord and friend: it is the gift of finding joy in the midst of sorrow.

So, when nostalgia overwhelms you, and you find yourself asking God to make things like they used to be, perhaps you might do better to ask a different thing. Perhaps the thing to ask is not that God makes the present like the past. Instead, ask Him to help you see where His goodness and beauty are hidden in the present. Where in the darkness of your pre-

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sent sorrow is there a divine joy? Where is there hope in the midst of your present grief? What is He showing you today, that you have been blind to? How is your present challenge, an opportunity He has given you to grow?

As Jesus told his disciples, after explaining the many calamities to come in the wake of His death: “when these things begin to take place, stand up and raise your heads, because your redemption is drawing near” (Lk.21:28). For some reason known fully to God alone, the Kingdom of God – with all its beauty and peace – comes through routes that are often messy, painful and costly. Sometimes what God must do to bring us into the peace of His kingdom is to lead us through some very challenging times. But, as Jesus says, these are not times to hang our heads. They aren’t times to relive the past. Instead, they are times to lift ourselves up, to look ahead, and to open our eyes for the good things God is bringing.

This autumn, when things get colder and darker, don’t make the mistake of wishing for the olden days. Don’t try to avoid the present circumstances. Instead, ask for the strength to endure them with joy. For the present sorrows may mean your redemption is drawing near.

Stephen+

Reflection Camino 2024

Between Easter and Pentecost, several St. Paul’s parishioners, led by Lorna Brule, undertook a “reflection camino” through the Gospel of John and the Book of Acts. These reflections have been collected and are available on the church website. Paper copies are available through the church office.



Children’s Ministry

September 15 at 9am and 11am

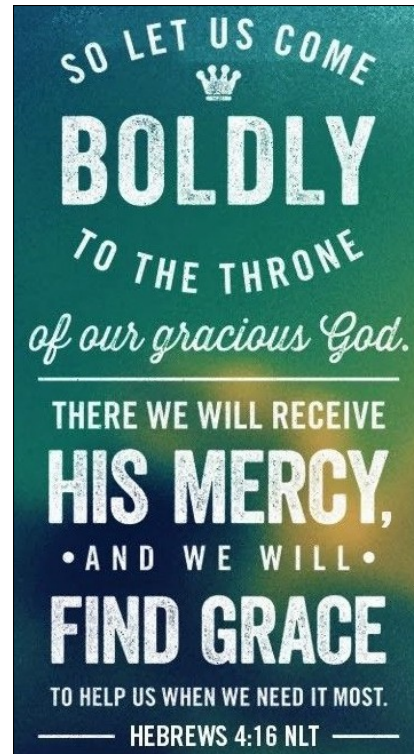
Sunday School will resume at the 9 a.m. and 11 a.m. services, starting September 15. Our Children’s Ministry leader this year will be Allison Barnum. Allison and her family have been members of the parish for many years, and she brings tremendous gifts to the job.

We need more volunteers! Allison is responsible for planning lessons and preparing supplies, but we also need adults to assist in running classes. This means serving on a regular rotation to help with crafts, stories, and other important support. This doesn’t require special training, but only a commitment to love and serve our parish’s children. Please give prayerful thought to this important ministry, and talk to Allison for more information.



Allison will also be responsible for organizing our regular Family Nights, held from October to May. Stay tuned for a list of upcoming dates and programs.

Vestry Theme for this year



Our Building is 20!

September 22, 2024



September 22 is the 20th Anniversary of our church building. For this special day, we will have only 2 services: 7:45 a.m. and 10 a.m.

The 10 a.m. service will feature a special anniversary liturgy, and speakers who will share their thoughts on the building's construction.

Choral Compline

September 29, 7:30 p.m.

Join us on Sunday, September 29 at 7:30 p.m. for a beautiful liturgy of Compline. The ancient office of Compline derives its name from a Latin word meaning 'completion' (completorium). It is above all a service of quietness and reflection before rest at the end of the day.



Music will be led by the Vocata Trio.

Cenotaph memorial stones

Kanata Legion Branch 638

Honour a veteran family member or friend with a memorial stone in front of the Cenotaph on Village Green Memorial Park in Colchester Square, Kanata.. The stones are 6x6 inches in the ground, 4 lines of 12 characters max per line. The cost per stone is \$150. Please contact me for more information. I will be happy to deliver an application to you.

In service,
Moir

613-592-3376, mmgreen@live.com

Lest We Forget



Wednesday Bible Study

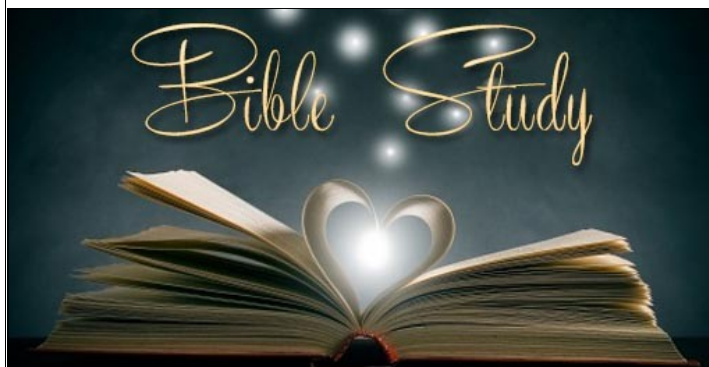
September 25 on Zoom

Each week we discuss the Bible passages for the coming Sunday and consider how they apply to our lives. The study is led by one of our clergy. Participation is encouraged, but listeners are always welcome!

On the first Wednesday of each month, the study will be held in person only in the church and will be combined with the Eucharist. On the other Wednesdays, it will be held only on Zoom. To join our Zoom study, please use this link:

<https://us06web.zoom.us/j/82271983630?pwd=REF1dEVQRQWJFUVp3VS9yRXBsWENZdz09>
Meeting ID: 822 7198 3630, Passcode: 360679

Every session (in-person and Zoom) will be recorded for our Youtube channel: <https://www.youtube.com/StPaulsAnglicanChurch>



Volunteer Fair

September 29, 10:15 a.m.

Join us during coffee hour (between the 9 a.m. and 11 a.m. services) on Sunday, September 29 as we highlight volunteer opportunities in our parish. Learn about ways you can apply your gifts to our church's needs, and how you can help us thrive.

VOLUNTEER

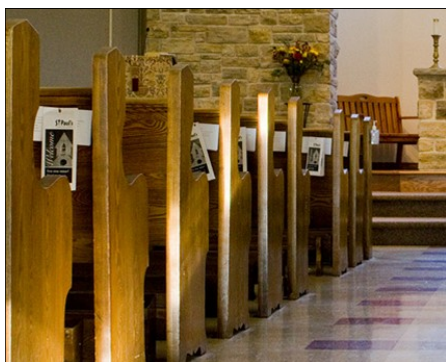


Why did we Build a New Church?

by Bill Colls

A reflection for our building's 20th Anniversary:

A number of studies over the years have shown that a church is "full" when 75% to 80% of the available seats are occupied. We had noticed that new people under our care would come to a few services and then drift away to other congregations. In talking to them we found that they liked our service, and the people that they met, but felt the church was "full." The only way we could attract and keep these individuals was to provide more space. For various reasons, expanding the old church was not an option.



After a special vestry meeting, it was agreed that a new building was the best option. Having decided to build a new church, the first thing we needed was a design.

Two architectural firms were invited to submit proposals and, in due course, we received their submissions. These were displayed at a special vestry, and the building we now have was selected. In fairness, it

should be noted that about two-thirds of the parishioners who voted were in favour of the design selected.

So, the building process was started. As the old building was being demolished, we discovered that the stone facing had separated from the underlying wooden structure, in places by as much as twelve inches. We had decided to be our own general contractor, which saved us a significant amount of money. Don Thiessen was hired as the project manager. So, the building started.

The first phase was the section that contains the offices, classrooms, music room, washrooms, space to be occupied by the Food Cupboard, and a technical space. Services were held in the church hall. The second phase consisted of the demolition of the church hall, and the building of the current worship space, and narthex. During this time, Kelly's Funeral Home made their chapel available to us for our services. We started the project in October of 2003, and the first service in the new building was held in September of 2004.

Bill Colls

Rector's Warden from 2000-2006

Christmas Bazaar Meeting September 10, 2:30pm

Yes indeed! It is coming! Please mark your calendars for **Friday November 29** and **Saturday November 30**.

A planning meeting will be held on Tuesday, September 10 at 2:30 p.m. New ideas are welcome, and especially new people!

Donations needed! As you are doing your Fall Clean-up, please set aside gently used items (no junk), books, CDs, jewelry, toys, Christmas ornaments, etc.

For more info please contact me,

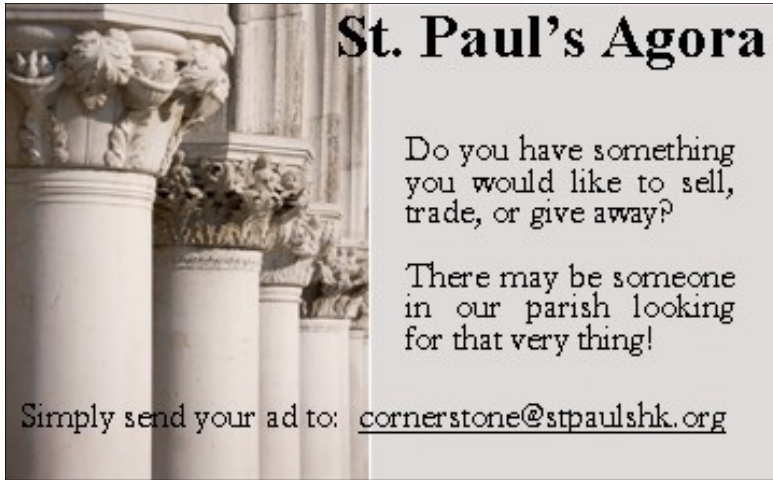
Moira Green
613-592-3376

mmgreen@live.com

Church Happenings



On August 22, the choir gathered to say farewell to Trish Cillis. Photo submitted by Moira Green.



St. Paul's Agora

Do you have something you would like to sell, trade, or give away?

There may be someone in our parish looking for that very thing!

Simply send your ad to: cornerstone@stpaulshk.org

For Sale

Bar for sale, including some glasses. \$70. Please contact Betty Dukas at 613-831-3062.



'Quilts for Kids'

The Tuesday morning Quilters have beautiful hand-quilted items for sale. Prices range from as low as \$20.00 up to \$55.00. This is a fundraiser for the church. Please support us.



If you wish to purchase a quilt, please contact Joan Ferrier at 613-270-1104.



**Bradley Hiscock McCracken
Lawyers**

pbradley@bhmlaw.ca
www.bhmlaw.ca

Paul K. Bradley
B.F.A., M.F.A., J.D.

Business Law
Wills and Estates
Real Estate

Phone: 613 825 4585
Fax: 613 825 5101
1581 Greenbank Road
Ottawa, Ontario K2J 4Y6

DANNY NAILS & SPA



613-836-8819

Terry Fox Plaza
500 Hazeldean Road, unit 110
Kanata ON K2L 2B5

Tel: (613) 836-8819

BUSINESS HOURS

MON-FRI 9:00AM - 7:30PM
SATURDAY 9:00AM - 6PM
SUNDAY 10:00AM - 5PM



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