

October, 2026

CORNERSTONE

20 Young Road
Kanata, Ontario
K2L 1W1
613-836-1001
www.stpaulshk.org

St Paul's
ANGELICAN CHURCH



A growing community called to know Jesus Christ and make him known in the world by our presence.

Sunday Services

7:45 a.m. — Said Service and Eucharist.

9:00 a.m. — Traditional/Choral Holy Communion. Nursery available. Children's Ministry meets downstairs for lessons and crafts.

11:00 a.m. — Praise Music Holy Communion. Nursery available. Children's Ministry meets downstairs for lessons and crafts.

All services are available online through the church website. The Book of Alternative Services is also available online:
<https://www.anglican.ca/wp-content/uploads/BAS.pdf>

Other Services

Wednesday 10 a.m. Bible Study In-person on the first week of each month and via Zoom other weeks. See inside for details.

Memorial Prayers The first Sunday of September, November, January, March and May, following the 11am service.

Inside this issue:

- **Message from Fr. Stephen**
- **Christmas Bazaar**
- **Men's Corner**
- **Pastor Support**
- **...and more!**

November edition deadline:
Tuesday, October 27, 2026

Please send submissions to:
cornerstone@stpaulshk.org



A message from Father Stephen

What is Beauty For?

Perhaps the most prominent feature of the fall is its beauty. Every time I step outside at this time of year, I smell the delicious scent of autumn with its hints of smokiness, freshness, and apple cider. The leaves are a riot of colour, and the

squashes and apples are vividly fresh at the roadside stands which dot the countryside. More than at any other time of year, this part of the world displays creation at its most splendid.

The delightful feeling of longing which beauty brings is part of the reason why the Church, and its forerunner in Israel, has long valued beauty as a gift from God. From the beginning, Genesis 1 tells us that, "God saw everything that he had made, and indeed, it was very good." In Psalm 27, the psalmist tells us: "One thing I asked of the Lord, that will I seek after: to live in the house of the Lord all the days of my life, to behold the beauty of the Lord, and to inquire in his temple." Psalm 96 says: "Honour and majesty are before him; strength and beauty are in his sanctuary."

Beauty is praised highly in Scripture, and in our world. While this is true, I have also noticed that it is not always true. Sometimes, our culture scorns beauty as much as it praises it. Think of trends in architecture, for example. How often have you wandered through a beautiful part of town, only to stum-

ble onto a more modern edifice which looks like the builders deliberately made it ugly. While once Johann von Goethe had defined architecture as "frozen music," Tom Wolfe later defined modern architecture as, "that glass of ice water in the face, that bracing slap across the mouth." In other words, Wolfe sees in many modern buildings a kind of rebuke to our expectations. Do you expect beauty here, these buildings seem to say? Well tough, you won't get it! Sometimes, modern sensibilities in art, architecture, and fashion seem to despise beauty as something suspicious or even immoral.

This may seem odd to us, and seem merely a symptom of bad trends in modern life. Yet, suspicion of beauty is not unique to the modern age. The bible also delivers warnings about the dangers of beauty. God rebukes the prophet Samuel for assuming David's impressive-looking older brother should be king rather than David, with God telling him that He looks on the character rather than outward appearance. Proverbs 31 warns against praising a woman for her beauty rather than her faithfulness to God. The apocryphal book of Wisdom criticizes those who saw the beauty of the world and, "through delight in the beauty of these things people assumed them to be gods... let them know how much better than these is their Lord, for the author of beauty created them."

Clearly, the bible warns us against being charmed by beauty, even though it praises beauty elsewhere. So why is beauty both loved and hated? Why are we so conflicted by it? The scriptures point us to the reason: beauty is powerful, and so can lead us to great things. But it can be dangerous when approached wrongly. That flush of longing we feel when we are touched by beauty can lead us to heights of goodness, but that longing can also lead us to the depths of ruin.

Think of the joy we feel when holding a beautiful newborn infant. In moments like this, we find ourselves overwhelmed with an impulse to care for her, to devote our time and resources to her, and to shower her with love. These are wonderful aspira-

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tions and can lead parents to raise a child of great character and maturity. Yet, if we are honest with ourselves, it could also point us in less noble directions. It could lead us to pamper our child, to cater to their every whim, and to spoil them with material gifts. The result in such a case is not maturity and character, but a spoiled child unable to navigate the challenges of adult life.

Similar situations arise in romantic love, where beauty may inspire godly devotion but could also blind us to our partner's defects in character and virtue. The beauty of music and poetry may inspire our hearts to goodness, or that same beauty might distract us from the ugly content of the lyrics. The beauty of a political plan may prevent us from seeing the dark effects it will bring to a nation or city.

What are we to do with beauty then, when we know it has so many dangers attached? The answer lies in thanksgiving. As the holiday of the same name approaches, with all the beauty and sensory delights it brings, it reminds us that these things are not random products of nature. Giving thanks to our Creator reminds us that beauty is a gift from God, and something which the French poet Stendhal called, "the promise of happiness." Beauty's power lies in its ability to make us believe that happiness is possible, and even inevitable, if we follow its direction. This promise of happiness is a promise God makes to us: that if we discern His voice speaking to us through beauty, and follow where it leads, we will find true joy.

We fall into danger when we forget the true source of this beauty and forget who is making the promise of joy. While a beautiful person may delight our hearts, and may even help us grow in happiness, they are not the ones making the promise. Falling in love with them cannot fulfil our deepest need. Only God, the source of all beauty, can do that. By thanking God when we encounter beauty — whether in a person, a work of art, or a land-

scape — we remind ourselves that God alone is worthy of our full devotion. He is responsible for creating beauty, and He is the one we must follow if we want to grow into the full measure of joy that beauty hints at.

So, as we encounter beauty in our daily lives, let us start making a habit of thanking God for it. Thank Him for the beauty of a person we find attractive, and for the beautiful meal you will enjoy at Thanksgiving, and the gorgeous smell wafting through the autumn breeze. In this way, you will learn to enjoy beauty without falling prey to its dangers. You will be training yourself to appreciate beauty for what it is: an invitation to draw closer to the God whose beauty is unmatched by any created thing.

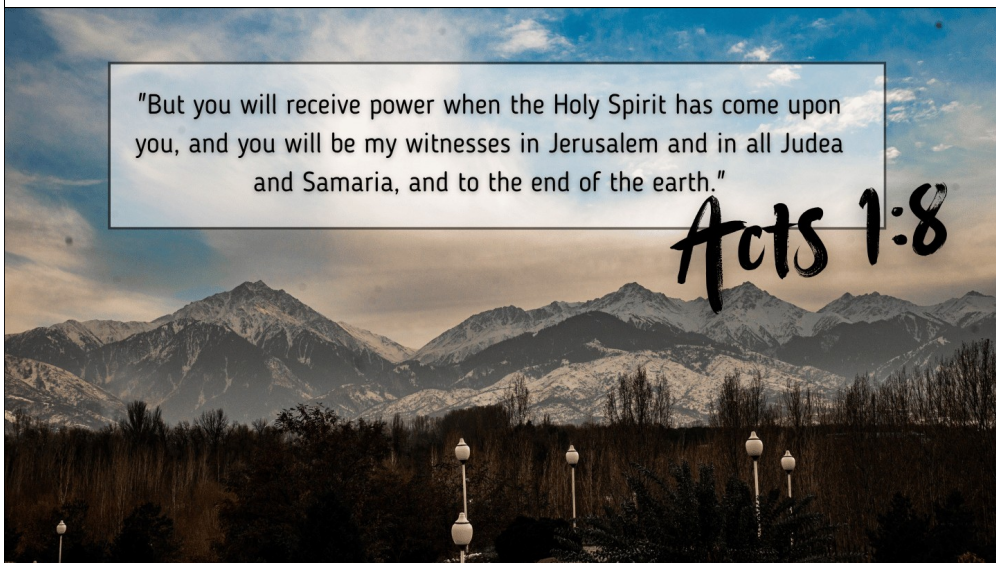
Have a happy and beautiful Thanksgiving.

Stephen+

Vestry theme for this year

"But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth."

Acts 1:8



Christmas Bazaar November 27 and 28, 2026

Mark your calendars and invite your friends!

St. Paul's Annual Christmas Bazaar

Friday, November 27, 4pm to 8pm with Chili Supper

Saturday, November 28, 9am to 1pm with Luncheon

Volunteers needed! This is an important fundraiser for the church. Please consider offering your time and talents — there are opportunities to help before, during and after the event.

Donations needed. As you do your Fall Cleanup, please set aside items for the Silent Auction and Christmas decorations, gently used household items, toys, books and CDs, artwork, jewelry, handbags and scarves, etc.

Drop off times for donations (in the narthex):

Wednesday Nov 25, 9am to 1pm

Wednesday Nov 25, 4pm to 7pm

Thursday Nov 26, 9am to 1pm

For more info please contact me,
Moira Green
613-592-3376, mmgreen@live.com



Seniors' Walk & Talk Thursdays at 10am

We meet for light exercise, by walking through the church and halls. Then, we finish with coffee and conversation in Rutter Hall. The exercise is optional, and not too strenuous. The real benefit is in getting to see old friends and enjoying good company.

No reservations are necessary, and all are welcome. Hope to see you there!

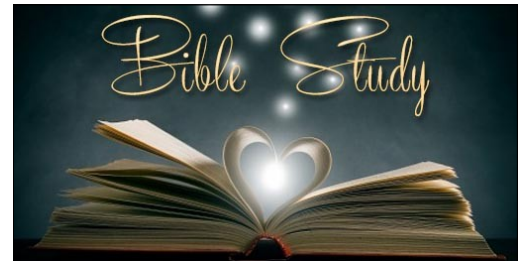
Wednesday Bible Study 10am, In-person or Zoom

Each week we discuss the Bible passages for the coming Sunday and consider how they apply to our lives. Everyone is welcome!

On the first Wednesday of each month, the study will be held in person only in the church and will be combined with the Eucharist. On the other Wednesdays, it will be held only on Zoom.

If you would like to participate, please visit the Communications page on the church website and sign up to receive the weekly reminder email that will contain the Zoom link and Bible passages for each week:

<https://stpaulshk.org/communications/>



Calling all Knitters! For the Kanata Food Cupboard

We are looking for people to knit or crochet hats and mittens to be distributed by the Kanata Food Cupboard. Yarn will be provided.

If you are able to help, please contact Ann Piche at pkatolson@hotmail.com.



Men's Corner

Devotion and Upcoming Events

Fall is here and it's time to get closer to God. Here is a devotion – **Some things take a brotherhood** – copied with permission. I pray you read, meditate, PRAY, and encounter God.

Ray Brule

Get Finally Unstuck

A friend loves at all times, and a brother is born for adversity— Proverbs 17:17

“I’ve got this.” It’s a phrase used often by men, in one form or another. We say it to ourselves; we say it to others. And, most times, we have got whatever “this” happens to be.

Every once in a while, though, we encounter something we cannot handle, something we haven’t “got.” Of course, that doesn’t always diminish our willingness to make our “got this” claims still. You see, “I’ve got this” often originates from our need to project images of manliness and self-sufficiency. And so, “I’ve got this” can become a stubborn habit.

Even when it becomes obvious to us (and maybe everyone else) that we, in fact, haven’t “got this,” we sometimes continue right on in our stubbornness, telling ourselves that — from now on — we simply must try harder.

The truth is, some things are too big for us. But, because truth isn’t always welcome, we often cry out to God instead: “Why can’t I get beyond this?” “Why won’t you help me?” Well, brother, he has helped. He’s given us what we need to overcome even seemingly intractable problems. “. . . though a man might prevail against one who is alone, two will withstand him—a threefold cord is not quickly broken” (Ecclesiastes 4:9-12). While some things are too big for us alone, none is too big for Holy Spirit-infused communities of men—standing together, praying together, holding each other accountable, keeping one another encouraged.

Okay, so what do we do?



Is there something you’ve always wanted to do, but can’t seem to get around to doing? Is there something you’d desperately like to stop doing, but can’t? It is against such things that we must bring the power of community. So, now’s the time. Get control of your pride, put a name to that thing, and ask your brothers for help.

Your brother in Christ,

Justin

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Upcoming Events

Men's Breakfast

Saturday, October 24 at 9am

Sign-up sheet is on the bulletin board.

Band of Brothers Boot Camp 2027

Friday, May 28 at noon to 1pm on Sunday, May 30, 2027

Mark your calendars and plan to attend. Band of Brothers website:

<https://bandofbrothersottawa.ca/>



Pastor Support

By Ray Brule

Note: I originally had the privilege to preach this topic as a sermon on behalf of Reverend John Bridges in late 2000. This article was then published in the diocesan newspaper Crosstalk, now called Perspective. I have made a few modifications to update the data, especially survey data of Pastor health, but otherwise I have left it intact. I earnestly pray that this will make a significant positive difference in our church life.

Blessings, Ray

October is Pastor Appreciation month. I believe that pastor appreciation is NOT a one-day, or even a one-month activity. Pastor appreciation is a 24 x 7 x 365 ministry.

Back in 1999 I heard a sermon delivered by David Sweet, president of Promise Keepers Canada (which was re-branded as Impactus in Sept 2023), that opened my eyes and started me on a journey of understanding the need for Pastor Support. That sermon is the foundation of this article. Then, in October of 1999, I listened to Bishop Peter Coffin's SYNOD charge, where he specifically challenged the entire Diocese to take care of the clergy.

In part I quote: "While we who minister as deacons, priests, and bishops, more often than not, take delight in the ministries to which we are called, and are deeply aware of the privilege of serving God and God's people, the responsibilities can be awesome and heavy. At our [clergy] conference we talked about many things.... The one that I would like to bring to your attention now is that of the care of the clergy and their families by the bishop and the whole church and their care of themselves.... If we expect our clergy to care for us, to lead as they are called, and to proclaim and live the Good News of God in Christ, then they need to be well and they need to be happy in their vocation. They need to be supported and they need loyalty...."

This content of this article is a difficult message, but one that must be delivered and one that **MUST BE HEARD**. Pastors will never preach this message for themselves. So, on their behalf, so that our pastors can continue to be courageous and strong in their

fight for the Kingdom and for us in this Diocese, I submit this article for your learning *and action*.

There have been a number of surveys on Pastors and their ministries, and most results indicate the same concerns. Some data from a survey by the All Pro Pastors Institute indicate the following about Pastors (see the full list at the end of this article):

- 72% of the pastors report working between 55 to 75 hours per week.
- 84% of pastors feel they are on call 24/7.
- 80% believe pastoral ministry has negatively affected their families. Many pastors' children do not attend church now because of what the church has done to their parents.
- 65% of pastors feel their family lives in a "glass house" and fear they are not good enough to meet expectations.
- 23% of pastors report being distant to their family.
- 78% of pastors report having their vacation and personal time interrupted with ministry duties or expectations.

So why are pastors so tired?

What part do we play in their success or failure?

When they stand before the Lord and are held accountable for all they've done or failed to do, what part have we played as part of the body of Christ?

When we stand before the Lord, will we have beside our name more criticisms, or more prayers, for our pastor?

Now ask yourself this question: "What role have I been playing in the health of my pastor?"

What does Scripture say about how we treat leaders? From 1Samuel 24 and 26 we read, "And David said ..., 'I will not put forth my hand against my lord; for he is the LORD'S anointed.'"

David could have killed Saul two times. David shows us the behaviour that we need to model. When

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someone is selected for leadership, it is the office that requires the respect. They have been anointed, called by God, ordained for this ministry. If we criticise our leaders in front of our children, they will learn to do the same. This lack of respect will then spill over to secular leaders as well: teachers, politicians, police, and parents....

1 Thessalonians 5:12: “But we beseech you, brethren, to respect those who labour among you and are over you in the Lord and admonish you, and to esteem them very highly in love because of their work.” I repeat: *esteem them very highly in love because of their work*. The investment they make in our lives, and the price that they pay for our spiritual well-being cannot be described.

James 3:1: “Let not many of you become teachers, my brethren, for you know that we who teach shall be judged with greater strictness.” Leaders and teachers receive stricter judgement than those who don’t. A person who takes on this call to ministry is taking on a greater burden in the body of Christ. Yet this person is still a human being, trying to operate in a supernatural dimension in order to feed us. And we’re so nice to them we give them approximately an hour (sometimes less) to feed us. They have to squeeze a message that will feed everybody into a few minutes. For most of us, that is how long our pastor sees us each week.

As soon as the feeding is done, the pastor is thinking about next week because Jesus said to Peter (and through Peter to all pastors), “if you love me, feed my sheep.” So, our pastors are trying to figure out what each person needs to eat and how to prepare for the next feeding so that everyone gets fed. If the pastor has a joyful message and you are joyful but your neighbour is not, then you’re happy but your neighbour is not. The stress the pastor is under to deliver a message that is necessary for your spiritual health is so enormous. Do you realise that if you have a criticism, then likely 40 others do, too? So if, during the week, you make a little phone call, or drop a little note in an email telling your pastor how disappointed (or worse) that you are, how many others are doing this, too?

Consider 1 Tim 5:17: “Let the elders who rule well be considered worthy of double honour, especially

those who labour in preaching and teaching,” and Heb 13:17: “Obey your leaders and submit to them; for they are keeping watch over your souls, as men (and women) who will have to give account. Let them do this joyfully, and not sadly, for that would be of no advantage to you.” Obey your leaders and submit to them. If they groan about their ministry, it’s harmful to us.

Some of us have bad attitudes

Some of us leave church to go home for lunch to have not only roast beef, but also roast pastor. Some of us have even back-bitten, criticised and spread gossip. Scripture has some interesting things to say about that. Read and follow the true and tested guidelines God has already given us in Matthew 18 to make things right with each other.

If we want to have healthy and strong leadership, we need to address these attitudes and ask for God’s forgiveness. If it’s been an overt act against our pastor, then maybe we need to go directly to them for forgiveness and healing, and pray for them. Praise God that all we need to do is confess our sin and He is faithful to forgive our sin and cleanse us. But that act just puts us back on a level of playing field. That doesn’t build up our pastors for that great job they are called to do. And so, for homework, let this be our challenge: acknowledging that we have some attitudes and behaviour to deal with. Pray about it and make some new commitments on how we want to treat our pastors.

What are some things we can specifically do in order to build up our pastors? In order to have them battle ready and fighting fit, so not only can they feed us, but also understand that they contend in the spiritual realm against Satan who walks around like a roaring lion ready to devour (1Pet. 5:8). They wrestle not only against flesh and blood, but also against principalities, powers and rulers of the dark world, against spiritual wickedness in high places (Eph. 6:12).

As a layperson, I can tell you that every time I have been blessed with an opportunity to deliver a homily it’s like running a marathon. I am absolutely exhausted. So for pastors there is an emotional, spiritual and psychological draining that happens. When you’re speaking in a business environment, it’s strictly

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emotional and psychological, but when you're speaking the word of God, then it also becomes a spiritual exercise.

Did you know that most pastors fall right after a very successful stint in ministry? Why? Because that is when they are spiritually exhausted, and that is when Satan comes in. We need to be mindful of that, especially as the church grows and as ministry increases. **When that happens, we must increase our prayer coverage.** In that way we increase the protection and encouragement for our pastors.

Here's a list of 12 things we can do to actively support our pastors, starting NOW.

Be faithful to attend and participate. Heb. 10:24-25: "...let us consider how to stir up one another to love and good works, not neglecting to meet together..." Have you ever spent a whole week planning, shopping for and preparing a meal for a dinner party, only to have half of the guests show up? How do you feel? Pastors are no different. Yes they are paid to prepare the meal, but they still derive encouragement when all the dinner places are full. They get even more encouragement if everyone is engaged in welcoming and visiting with ALL the guests and family members that show up. Come to church faithfully and come on time. Put a smile on your face, be friendly, sing and worship.

Do small things. Do the small, insignificant things for your pastors that normally get left undone. Your



church may be different, so forgive me if there is an area touched on that doesn't apply to your church, but in most churches the jobs that don't get done are the ones with no glory. Your pastor loves you so much that he/she will just look after it for you. Like changing light bulbs, fixing a toilet, picking up church bulletins out of the pews, washing dishes... These tasks are high spiritual callings for our pastor, aren't they? NO! We need them doing the spiritual warfare for us!

Pray for your pastor. 1 Timothy 2:1-2: "Therefore I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men, for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence." Let us not be a church guilty of not praying for our pastors. We don't want to get to heaven and find out some danger, or illness or brokenness happened to our pastor because we didn't intercede for them in prayer and the devil got a foothold.

Consider praying especially when you get annoyed with your Pastor. Pray first, "Oh Lord, help me see the fruitfulness of that message that's making me mad." Analyse your heart and take time to ask yourself: how can I contribute to the spiritual help and strength of our pastor(s) in order for us to see this greater vision of advancing the kingdom? Pray for your pastor first, not as a last resort. Pray often (daily!). Pray in teams. Pray for the whole individual - spiritual, emotional, physical - for their marriage and family, for their friends, for time for relaxation, etc. You may also want to support your pastor by praying for your church and its other leaders.

End gossip. You really want to bless a pastor? Be someone who is vigilant in ending gossip. Here's a foolproof method. When someone comes to you and gossips about your pastor, listen to them, acknowledge the concern, and then take them by the arm and say, "Let's go see the pastor." One of two things will happen: they will go with you because it is a concern, or they will say something like, "Oh it's not that serious!" If it is a serious problem, you must take it to the source (not necessarily the pastor) and get it resolved; don't let it fester (see Matthew 18:15). Apply this step to any gossip you hear about anyone in the leadership or ministry positions in the church.

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Give cheerfully. God loves a cheerful giver and so do pastors. Consider the story of a man who said he got saved in 1969 and his wallet in 1982. If God's got your heart, he's got your wallet, too. Asking us to share the bounty that God, from His love and Grace, has given us is something most pastors don't like having to do. In fact, they shouldn't have to say anything. As a Christian, giving cheerfully is part of our commitment to Jesus Christ, part of our thanks to God for all we have. I challenge you to spend a month praying and acting on Malachi 3, especially verses 8-10.

Affirm your pastor. Send notes, cards, give a phone call. Especially for those messages or sermons that are tough, that makes you mad before you're glad. You know those ones, where you grind your teeth and wonder, "how did you know I was sinning?" but then you reflect and realise, "yes, that's an area that I need to address." Send him/her a card saying something like, "you know three weeks ago when you preached that sermon, I thought you were prying into my life, but the Holy Spirit used that to confront me, and now I'm living a deeper spiritual life because of it." That kind of note is nourishment to the pastor's soul.

On Sunday, don't leave the church saying, "nice message, Pastor." Be specific about what touched you, what nourished you. This response also will build up your pastor.

Get involved in ministry. Seek out and use your gifts. 1 Corinthians 14:12: "...since you are zealous for spiritual gifts, let it be for the edification of the church that you seek to excel." One of the biggest heartaches of pastors is there are never enough people to meet ministry needs. There are always open spaces. The best thing you can do is start praying and ask God what your gifts are (a Spiritual Gift Inventory may be helpful), then ask God where He would like you to be placed in this body to start to minister. If you are over 1 year old in Jesus Christ, there is a ministry that you can contribute to in the church. We haven't been given gifts for our own gratification, but so the church can be edified or built up.

Apply the teaching and ministry to your life. Philippians 3:17: "Brethren, join in imitating me, and mark those who so live as you have an example in us." There's not much that a pastor loves more than to see

his flock practising what he has preached — living a Godly, holy life. It helps your church when you live and conduct yourself in a Christ-like manner. Whether you realize it or not, you're a walking billboard for your church and for Jesus Christ. Whatever the people of your community see in your life, they will tend to identify with your pastor and his flock. Behave yourself and speak well of the church and your pastor. Eyes and ears are always open to the things you say and do.

Commit yourself to love the Lord and your brethren. The Bible teaches that all the desires of God are condensed into only two cardinal commandments that Jesus gave to His followers. He said, "You shall love the LORD your God with all your heart, with all your soul, with all your strength, and with all your mind, and your neighbour as yourself" (Luke 10:27). By clothing ourselves in God's love, we help the church to reinforce this objective for every believer, and we also help to eliminate the elements of conflict and division which can hinder the unity of the church. Ephesians 4:1-3: "I... beseech you to have a walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love, endeavouring to keep the unity of the Spirit in the bond of peace."

Be trustworthy. If the pastor shares something with you, it's important to keep it to yourself. One of the statistics from the source I mentioned above says that 70% of pastors don't have a close friend. Why? They're taught in seminary school not to share anything with people in their congregation, because too many pastors have lost their jobs as a result.

Make rest for your pastor mandatory. This is important for board members or church councils to monitor and implement. Most pastors have such a zeal for the Gospel, they could go years without taking a holiday, and burn themselves out. This is a place of accountability and you need to make sure they get enough rest. This must happen often, not just each summer. Some pastors wrestle with guilt about being away and resting. Ease their worries by being responsible and involved (see #7).

Bless their spouse and family. Minister to the pastor's family. Know their names. Respect their privacy and

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let them enjoy their time as a family. Accept the pastor's family as any other family. Accept their children as any other children. Don't be unrealistic in expecting them to live to a higher standard than anyone else, to not have the same concerns and challenges with living in today's world as we do.

There is so much more that we can do. If you would like more thoughts and ideas, Wes Roberts has a book titled, Support your local Pastor. Dale A. Robins wrote What People Ask About The Church. Focus on the Family also has material that can be used.

Our challenge is to take this list of 12 items, copy it, talk about it with friends and family and then do something about it. Take one item a month, and make that item part of our habit. Let us be a light to the rest of the world on how we support the Shepherds that God has sent to us to feed and protect us. May God's blessings pour upon you as you act in faith.

Ray Brule
Former Rectors' Warden
St. Paul's Anglican Church
Hazeldean - Kanata

Pastor Statistics (updated in 2026)

- 72% of the pastors report working between 55 to 75 hours per week.
- 84% of pastors feel they are on call 24/7.
- 80% believe pastoral ministry has negatively affected their families. Many pastor's children do not attend church now because of what the church has done to their parents.



- 65% of pastors feel their family lives in a "glass house" and fear they are not good enough to meet expectations.
- 23% of pastors report being distant to their family.
- 78% of pastors report having their vacation and personal time interrupted with ministry duties or expectations.
- 65% of pastors feel they have not taken enough vacation time with their family over the last 5 years.
- 28% of pastors report having feelings of guilt for taking personal time off and not telling the church.
- 35% of pastors report the demands of the church denies them from spending time with their family.
- 24% of pastor's families resent the church and its effect on their family.
- 22% of pastor's spouses reports the ministry places undue expectations on their family.
- 66% of church members expect a minister and family to live at a higher moral standard than themselves. Moral values of a Christian is no different than those who consider themselves as non-Christians. The average American will tell 23 lies a day.
- 53% of pastors report that the seminary did not prepare them for the ministry.
- 90% of pastors report the ministry was completely different than what they thought it would be like before they entered the ministry.
- 45% of pastors spend 10-15 hours a week on sermon preparation.
- 85% of pastors report the use of the internet and other resources have improved their study time compared to when they first started their ministry.
- 50% of pastors state they spend 1 hour in prayer each day.
- 95% of pastors report not praying daily or regularly with their spouse.
- 57% of pastors believe they do not receive a liveable wage.
- 57% of pastors are unable to pay their bills.
- 53% of pastors are concerned about their future family financial security.
- 75% of pastors report significant stress-related crisis at least once in their ministry.
- 80% of pastors and 84% of their spouses have felt unqualified and discouraged as role of pastors at least one or more times in their ministry.
- 52% of pastors feel overworked and cannot meet their church's unrealistic expectations.
- 54% of pastors find the role of a pastor overwhelming.
- 40% report serious conflict with a parishioner at least once in the last year.
- 80% of pastors expect conflict within their church.
- 75% of pastors report spending 4-5 hours a week in needless meetings.
- 35% of pastors battle depression or fear of inadequacy.
- 26% of pastors report being over fatigued.
- 28% of pastors report they are spiritually undernourished.
- Over 50% of pastors state the biggest challenge is to recruit volunteers and encourage their members to change (living closer to God's Word).

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- 70% of pastors report they have a lower self-image now than when they first started.
- 70% of pastors do not have someone they consider to be a close friend.
- 27% of pastors report not having anyone to turn to for help in a crisis situation.
- 81% of pastors have been tempted to have inappropriate sexual thoughts or behaviour with someone in the church but have resisted.
- 17% of pastors report inappropriately texting with a church member at sometime in their ministry.
- 34% of pastors wrestle with the temptation of pornography or visits pornographic sites.
- 57% of pastors feel fulfilled but yet discouraged, stressed, and fatigued.
- 84% of pastors desire to have close fellowship with someone they can trust and confide with.
- Over 50% of pastors are unhealthy, overweight, and do not exercise.
- The profession of "Pastor" is near the bottom of a survey of the most-respected professions, just above "car salesman."
- Many denominations are reporting an "Empty Pulpit Crisis." They do not have a shortage of ministers, but have a shortage of ministers desiring to fill the role of a pastor.
- 71% of churches have no plan for a pastor to receive a periodic sabbatical.
- 66% of churches have no lay counselling support.
- 30% of churches have no documentation clearly outlining what the church expects of their pastor.
- 1 out of every 10 pastors will actually retire as a pastor.

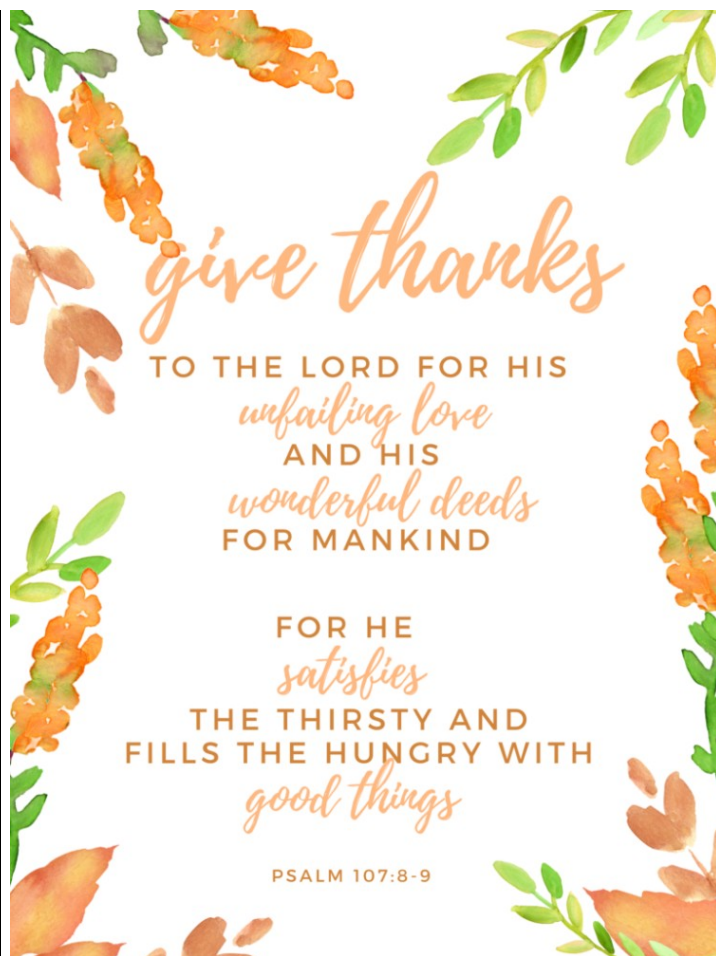
Improvements:

- 73% of churches are treating their pastors better. This statistic has improved due to the advent of clergy appreciation, better education on the role of the pastor, and denominational awareness to better supporting their pastors.
- 77% of pastors, especially millennials (younger pastors ages usually born around 1978-1990), are spending 20 or more hours with their families each week.
- 90% of pastors feel they are called and in the place where God has called them.

Statistics provided by The Fuller Institute, George Barna, Life-way, Schaeffer Institute of Leadership Development, and Pastoral Care Inc.

Views: The articles and information in this website are for education, motivation, encouragement and challenge. They are written by men and women in ministry of many backgrounds and express their opinions, experiences and testimonies which are not necessarily that of All Pro Pastors ministry. Please read them with prayerful discernment and glean from them.

APPI Founders
Paul and Linda Pickern
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Thanksgiving

For each new morning with its light,
For rest and shelter of the night,
For health and food,
For love and friends,
For everything Thy goodness sends.

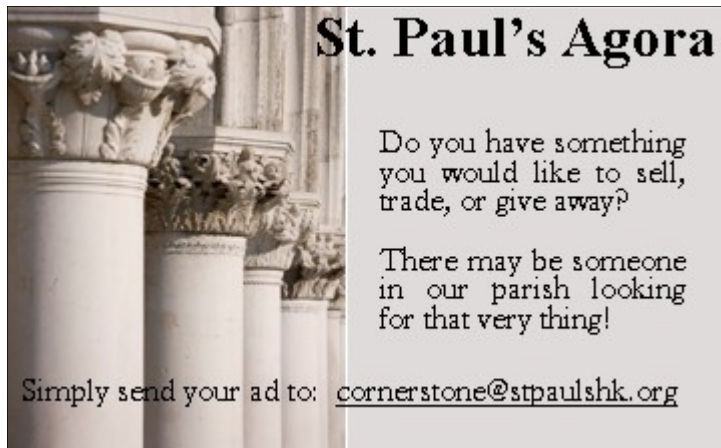
Ralph Waldo Emerson (1803–1882)

Just for Fun

It was Dad's turn to read Little Johnny a bedtime story.

After 20 minutes, Mom called up the stairs, "Is he asleep?"

Little Johnny called back, "Yes, finally."



St. Paul's Agora

Do you have something you would like to sell, trade, or give away?

There may be someone in our parish looking for that very thing!

Simply send your ad to: cornerstone@stpaulshk.org



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'Quilts for Kids'

The Tuesday morning Quilters have beautiful hand-quilted items for sale. Prices range from as low as \$20 up to \$55. This is a fundraiser for the church. Please support us. If you wish to purchase a quilt, please contact Linda Keech at 613-592-5069.



Anthony Bucciarelli
613-796-9858



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