

CORNERSTONE

Summer, 2017

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www.stpaulshk.org

St Paul's
ANGLICAN CHURCH



“A growing community called to know Jesus Christ and make him known in the world by our presence.”

Sunday Summer Services

The summer schedule begins **Sunday, June 25**. Services at 8 a.m., 9:15 a.m. and 11 a.m. resume on **Sunday, September 10**.

8:00 a.m. – Holy Communion Said service

10:00 a.m. – Traditional/Praise Music Holy Communion. Activities for kids are provided in the sanctuary. Nursery space also available.

Other Services

10:00 a.m. Wednesday – Bible Study and Eucharist

2:00 p.m. Thursday – “Seniors’ Afternoon Out” Service and Social will resume Thursday, September 7

7:00 p.m. every other Friday – St. Paul’s Youth (SPY) Group will resume in September.

Inside this issue:

- Messages from Fr. John and Rev. Kerri
 - Thank you from Simone
 - Events at Christ Church
 - Paint Day update
 - Chicken BBQ update
 - Messy Church, Sept 30
 - Evangelism workshop
- ...and more!

September edition deadline:
Tuesday, Sept 5, 2017

Please send submissions to:
cornerstone@stpaulshk.org



A message from Father John Reflections on our trip to England and Scotland

Although the majority of our time away was for vacation and relaxation, we did manage to work a couple of days on church business. Fr. Bill and I took the opportunity to interview a number of people in London and York who have first-hand experience of working with team ministry. In some cases they have been using teams for ministry supply for over 30 years and have insights and observations that we can draw upon.

Although we are new comers to the idea of team ministry, their knowledge and perspectives about challenges are extremely valuable. Charles Boole, who studied in England, set us up for a couple of conversations in York with people who he knew had been working in team ministry, including a gentleman who has written a book on the subject.

It was wonderful to hear their experience about what had worked and what problems they faced over the years. We have just begun to analyze the information that we received but I can share with you that we are

very positive about the lessons learned. We are re-committed to the value and exercise of team ministry to meet the challenges that face the church in the next 20 years. We see it as a tool that can bless congregations and clergy as they work together with limited resources. The model can help us to deliver more ministry while costing us less.

In addition, we worshipped with two Church of Scotland congregations on our holiday and were blessed by their joy and devotion to the Lord. It is always a blessing to travel and see that the Church throughout the world is alive and active.

I hope in the next few months I can share some of our findings from the trip in more detail.

May God bless and keep you,



From the desk of Rev. Kerri

Rev. Kerri is away at this time, but wishes everyone a safe and happy summer.

Thank you from Simone

A heartfelt "thank you" to everyone! I was overwhelmed by the number of St. Paul's & CCA people who came to my ordination on a very rainy Game 7 night. The love and support I felt was truly humbling and wonderful. And a huge thank you for the beautiful Advent stole. I really feel like I'm bringing a little piece of St. Paul's to All Saints' Westboro.

Many thanks,
Simone

Announcement from the Bishop's Office

Bishop Chapman is pleased to announce that, God willing, it is his intention to ordain The Rev. Simone Hurkmans and The Rev. Rosemary Parker to the priesthood at Christ Church Cathedral on Holy Cross Day, Thursday September 14, 2017 at 7 pm.



Seniors' Afternoon Out

The Seniors' Afternoon Out program will resume on Thursday, September 7.

Have a wonderful summer!



"Pie Diva" a.k.a. Gloria Bradley

Celebrating Canada's 150th

St. Paul's Quilting Group began in 1975.

Pictured are Dolores Greer, Joan Ferrier, Nancy Moxley, Kathy Eaves, Doreen Lee & Peggy Band.

Absent: Linda Keech, Marilyn Barker, Penny Wheeler, Georgia Monahan, Gwen Foley & Shirley Osborne.



Christ Church events

For a full list of upcoming events, please visit the Christ Church (CCA) website: <http://www.ccashton.org/events>.



Canada 150 - postponed (date TBD)

A pig and corn roast in celebration of Canada's 150th birthday has been postponed – a new date has not yet been determined. We look forward to celebrating with our village and church communities. Proceeds go to support Carleton Place Hospital.

Messy Church!

Messy Church uses hands-on activities to explore Bible stories, liturgical seasons (like Advent or Lent), liturgical feasts (Christmas, Easter, Pentecost), and to reflect on God in creative ways.

Children and youth 13 and under are invited with their families to hear a story told in the Godly Play practice, teaching us to listen for God and make authentic and creative responses to God's call in our lives.

Trust that the morning will truly be messy and come in your comfortable clothes!

Saturday, **September 30**
St Paul's, Kanata 9:30-11 a.m.

Saturday, **October 14**
Christ Church, Ashton 9:30-11 a.m.

Saturday, **November 25**
Location TBD 9:30-11 a.m.

Saturday, **December 9**
St Paul's, Kanata 9:30-11:00 a.m.

Rev. Kerri



what a mess!

Quietude revisited

Editor's Note: The following are responses I have received to the May 2017 Cornerstone article, "Quietude," by Moira Green, and a follow-up note from Moira.

From Ed Papazian

Dear Parishioners,

I hope you read the article in the May edition from Moira Green. She was asking people to be more reverend (silent) prior to the Sunday AM services.

I agree with her suggestions and wish to add one of my own. I would also much appreciate it if you were more reverend DURING the service.

I refer particularly to the time during communion. There seems to be a freedom to start talking as soon as you return to your seat.

I don't understand why this happens. Is it an Anglican "tradition"?

Other people are still quietly waiting their turn to partake in this important part of our worship.

You wouldn't start talking during any other part of the worship, so please maintain your silence for just a few more minutes.

Ed Papazian

From Owen Owens

The May 2017 Cornerstone article "Quietude" by Moira Green reminds us that when entering the house of God there are more important things to consider than talking to each other about the day to day trivia or our cares and concerns.

A period of quietness prior to the service is a time when we can experience those things that prepare our hearts and minds to receive whatever message God may have for us.

My thoughts lead me to some of the exhortations we find in the scriptures:

"Be quiet, for the day is holy" (Neh 8:11).

"The Lord is in his holy temple; let all the earth keep silence before Him" (Hab 2:20).

"For God alone my soul waits in silence" (Ps 62:5).

"Be silent, all flesh before the Lord" (Zech 2:13).

"There is a time to keep silent and a time to speak" (Eccl 3: 7).

In the church we attended for many years, as you left the narthex and entered, above the altar in bold letters were these words: "Be still and know that I am God" (Ps 46:10). Prior to the service, you experienced a quiet stillness, the organ softly playing and the psalmist's message being respected. You knew that now was the time for silence, reverence and reflection.

Owen Owens

From Moira Green

Many thanks to those members of the congregation who responded to my article in Cornerstone. Your response reflects your desire to see that the situation is addressed. I will pursue a solution through the wardens and any further suggestions you have to offer would be greatly appreciated.

Yours in service,
Moira Green

Food Cupboard needs you

St. Paul's has a team of volunteers that work at the Kanata Food Cupboard every six weeks. We provide help for the families that are coming for food help and, on one day a week, we pack and deliver food.

We are looking for a commitment of only 2 to 3 hours once every 6 weeks. Volunteers are greeters, shoppers, packers and delivery teams.

If you have an interest, please contact me.

Heather Colls

613-509-1304 or heather.colls@ncf.ca

38th Annual Chicken BBQ a great success!

by Ed Montano

I want to take this opportunity to thank the parish for making this year's version of the chicken BBQ a great success! This year, 386 tickets were pre-sold, from which 27 tickets were donated to the Kanata Food Cupboard. This was a very good community outreach initiative and we were very happy to offer it to families who could use it and come to church for some great food and fun fellowship.

Counting the pre-sold tickets, tickets sold at the door, meals sold at half price on Saturday and Sunday, sales of soft drinks and donations, the chicken dinner raised a total of \$3,502.05. Thank you very much to all of you for your support and participation!

There were so many different people who worked hard to make this year's event a success way beyond the funds raised. I would like to say a heartfelt thanks to the ticket sellers, who did an outstanding job, the usual tireless BBQ specialists: Pat Dukes and his assistants for setting and tearing down the BBQ; Michael Turnbull and his gang of highly talented BBQers, who worked all day making sure the chickens were cooked to perfection; Minx Mulhall for being a most efficient runner and assisting with several functions and organization the day of the event; the Quilters' Club for their dedicated pie cutting and packing, as well as the serving line and ticket selling and redeeming at the door; the many parishioners who donated and baked delicious pies and desserts; Tina Stalter for her thoughtfulness in providing gluten-free desserts; Gordon Anthony and Ken Miller for delivering meals; the set up and clean-

ing crew, who were just terrific. There are so many people who helped that I would need a couple of pages just to list their names!



This year we also had a couple of wonderful additions to the event: the outdoor activities for the children and the live music in the hall while so many people enjoyed their meal here at church, rather than taking it home with them. A very special thanks to Zdena Harder for her leadership with the Youth Group and coordinating the activities at the park. So much fun was had by all who participated, including Rev. Kerri! The live music was another very successful addition this year! Thank you to Colin Mackenzie and Bob Albert for keeping us entertained and happy while folks ate. You guys rock!

Finally, I want to thank my wife, Tracy Montano, for her endless support and encouragement. You were with me along the way and helped make this the success it was... and you and your helpers, especially Kathy Selst, made an awesome coleslaw.

Thank you everyone! You have shown, once again, what a great and vibrant parish community St. Paul's is. It was an honour and a blessing to have been your Chicken BBQ organizer this year.

May God bless and keep you!

Ed Montano

St. Paul's Christmas Bazaar

St. Paul's annual Christmas Bazaar will take place on Friday and Saturday, November 24 and 25.

Your help is of the utmost importance in making the event a happy success. If you held a position last year and are unable to do so this year, please advise us as soon as you can. If there is something you think could be happening and isn't, please let us know - perhaps that can happen this year!

Marg Burton and I will co-ordinate the event this year and we are looking forward to working with everyone.

Yours in service,
Maira and Marg
mmgreen@live.com
613-592-3376

Evangelism workshop: You want me to do WHAT?

September 23, with Rev. Eric Morin

Matthew 28:16-20 reads, “Then the eleven disciples went to Galilee, to the mountain where Jesus had told them to go. 17 When they saw him, they worshiped him; but some doubted. 18 Then Jesus came to them and said, “All authority in heaven and on earth has been given to me. 19 Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”

Chances are your parents took you to that building known as a church when you were a child on Sunday, and perhaps there was even some protesting happening, but they brought you anyway. You are here because somewhere, at some time in your life, someone shared their faith with you and invited you to come to church. And today here you are, here we are. All I can say is this: Thank God for their resolve and keeping to the faith.

But what about the ones who were not brought to church by their parents? What about the ones who have never heard about the “Good News”? Who will invite them? Well, as we read in Matthew 28:16-20, that is up to us. Today, we are the disciples, and we are to go and make disciples of all nations.

So, “You want me to do WHAT?” is an interactive workshop designed to help us do just that: be the disciples Jesus calls us to be.

With the facilitation of Reverend Eric Morin, we will explore what the Good News is, and find ways to share it appropriately, in good Anglican tradition (lose the idea of standing on the street corner hand-



ing out tracts and saying, “Do you know where you are going after you die?”). This workshop will explore various situations in the culture and the context that we live in today, and help us learn how to respond in a faith-based manner that is unique to who we are as individuals.

I have been promised that there is no memory work!

Come and discover the tools and gifts that the Holy Spirit has given us to speak to others about the Good News.

This is an invitation to explore our faith together, and explore ways of sharing our faith with others on a daily basis, in the workplace and within our social circles.

This interactive session explores the following:

Why do we need to share our Faith?

What is it exactly that we share?

When do we share?

Who do we share it with?

How do we share it?

Mark your calendars and plan to join us!

When: September 23rd, 2017, from 10:00 a.m. to 3:00 p.m.

Where: Based on the amount of interest, this interactive session will be held either at St. Paul’s or at my home.

Our facilitator, Reverend Eric Morin, assures us that this is not a “talking head” session. We will all be challenged and hopefully come up with tools that will work for you and me (not necessarily the same tools!). The time together will provide an individualized approach. The goal of this workshop is to provide a personalized plan to carry out that scary work called “evangelization.”

Blessings,

Martin & Kim David

mkdavid@bell.net

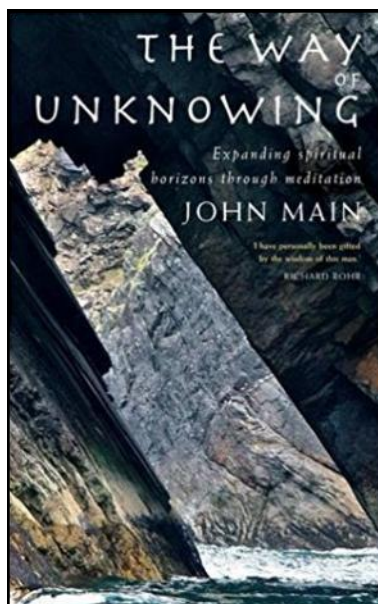
Meditation minute

by John Main, submitted by Elaine Papazian

More and more people are aware that somehow or other, in modern life, we have lost contact with what is essential. Contact is lost with our own essential being, our own centre. The problem we face, as a consequence, is that we have ceased to look upon our religious practice or our spiritual practice in terms of a discipline. More often we look upon our religious or spiritual commitment in terms of what we get out of it. We had a young man from London staying with us last year and as we were talking one day he said something to this effect: "You know, Father John, you'll be shocked when you hear this, but I gave up religion because I wasn't getting anything out of it. Blimey, when I think of it now I wake up in the night and cold shivers run down my spine. Imagine, *I was thinking what I was going to get out of it.*" He had begun to remake contact.

I imagine all of us have adopted this ego-centred approach to our religious or spiritual practice at some time. We too need to examine the true nature of our religious life to find a way to begin decreasing the egoistical element in it. We need to be grasped by the truth that religious values are not to be exploited or experimented with because they - and the sacred they represent - call on us for commitment. As soon as we have begun to commit ourselves we have begun a journey. It is a journey that asks for discipline, and the challenge to us is that it is a journey away from our own egoism.

The Way of Unknowing
John Main



A Father's blessing

Gary Smalley, popular author and psychologist, asked 100 people, "What is one specific way you knew that you had received your parents' blessing?" Here some of those answers:

1. "My father would put his arm around me at church and let me lay my head on his shoulder."
2. "When my father was facing being transferred at work, he purposely took another job so that I could finish my senior year in high school at the same school."
3. "When I wrecked my parents' car, my father's first reaction was to hug me and let me cry instead of yelling at me."
4. "When I was thirteen, my dad trusted me to use his favorite hunting rifle when I was invited to go hunting with a friend and his father."
5. "My father went with me when I had to take back an ugly dress a saleswoman had talked me into buying."
6. "My father would let me practice pitching to him for a long time when he got home from work."
7. "Even though I had never seen him cry before, my father cried during my wedding because he was going to miss me no longer being at home."

http://www.tonycooke.org/holiday-resources/fathers_day/

St. Paul's kitchen

Did you know that St. Paul's kitchen is used almost every day? This means that washing up your dishes and keeping the counters clean is very important. When we have renters or visitors, we do not like to find dirty dishes left in the sink. If you use glasses or mugs, they need to be washed and put away that day. We have a bottle of sanitizer that is mixed with bleach (as directed by the Health Department), which should be used on the counters before you start preparing food on them.

I was in the kitchen today, and am worried as I found sharp knives in many drawers. This could be dangerous. Please keep all the sharp knives in the top right drawer beside the sanitizer. We are so lucky to have such a lovely big kitchen, but we need you to put back anything you take out to use. Renters can come in at any time, and I cannot be there every day.

A few years ago, 11 dozen matching water glasses were purchased for large dinners. Well, we are down to 76 glasses. Has anyone borrowed any of them and forgotten to bring them back? We are also down some very large stainless steel bowls. If you have borrowed them, please return them.

This week, we have purchased some everyday glasses. These glasses are in the upper cupboard to the right of the sink. There are also children's glasses there.

Enjoy our kitchen, but please help keep it in good condition.

Heather Colls
St. Paul's Kitchen

Paint Day update

Thank you all for making the paint day a success! There were 36 participants. I thank everyone who helped, especially Deb Lalonde.

We now have \$1,120.00 towards the air conditioning in the church.

Marilyn Holden-Pritchard



Breakfast perspective

submitted by **Bill Cameron**

A minister was attending a men's breakfast. He asked one of the older farmers in attendance to say the prayer that morning.

The farmer began, "Lord, I hate buttermilk."

The pastor opened one eye and wondered to himself where this was going.

Then the farmer said, "Lord, I hate lard."

Now the pastor was worried. But the farmer prayed on, "And Lord, you know I don't care much for raw

flour."

As the pastor was about to stop everything, the farmer continued, "But Lord, when you mixes 'em all together and bakes 'em up, I do love me those fresh biscuits. So Lord, when things come up we don't like, when life gets hard, when we just don't understand what you are saying to us, we just need to relax and wait 'til You are done fixin' and probably it will be something even better than biscuits."

Amen

SPY group update

Looking back and forward

With the hot weather almost upon us, our youth group is winding down for the year. It has been a blessing getting to know all the youth better and seeing how they are all really enjoying each other's company.

We have done so many activities over the past few months that it would take too long to list them all. However, what I can say is that we have shared many laughs, been goofy together and gone home tired and sore. They have all been memorable times.

Our final official youth group gathering before the summer will be a trip to an event hosted by CHRI Radio at Camp IAWAH. Bring your entire family and friends. Let's enjoy some outdoor activities, fellowship and sun together!

Mark your calendars: our **LAST SPY MEETING - Saturday, June 24 at 10am at Camp IAWAH (South Frontenac)**. FREE Family Fun Day!



I am looking forward to starting back up in the fall, diving into some of the things the youth wanted to try and expanding our group.

If you would like to join the youth group, know someone who does, or would like to help out, please contact Zdena Harder spy@stpaulshk.org for information.

HAVE A SAFE AND MEMORABLE SUMMER!

Thomas update

by Kathy and Pieter Selst

It's been six weeks since Thomas and Tracy had their surgeries and it seems we're overdue to send an update. Both of them are doing amazingly well, which we are very thankful for.

Thomas was transferred out of Sick Kids back to CHEO after two weeks. They told Karin and Andrew initially that they could be in Toronto for two months, so we were so happy they came back to Ottawa so quickly. Andrea and Collin were especially happy to have their family home together again.

Thomas came home less than a week later, but still goes into CHEO once or twice a week for blood work or for IV medication. He still gets his tube feedings, but is starting to eat a bit better. This week he actually ate some steak! And he's certainly feeling well and is a typical two year old, very busy and full of energy!


He has to go back to Toronto next week for a kidney biopsy, just to make sure there is no sign of rejection. If you ask him, "where is Tracy's kidney?" he points to his belly and says, "dare!" His speech is still behind but is picking up every week, a few more words at a time.

Thomas was featured on this year's CHEO telethon, with interviews with Karin, Andrew and the kids. It will be available on you-tube if you want to see it.

Tracy has recovered well also. She took the time to rest and get better but now she's doing some of the jobs on her to-do list, a good sign she's feeling better! We are so thankful that she has done this for Thomas. They have a very special bond, now more than ever. One word Thomas has learned is "Ishy," which is what the kids call Tracy. That made her day when he finally called her Ishy. ♥

So we thank you all for your support and interest in our little Thomas. Your prayers and emails have been appreciated so much.

Love and hugs to all,
Kathy and Pieter



St. Paul's Agora

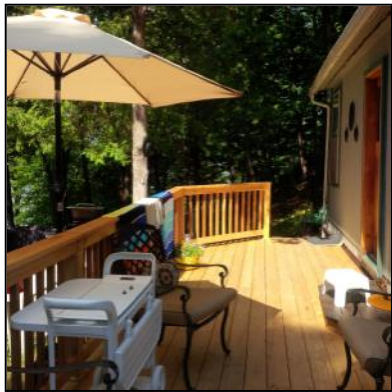
Do you have something you would like to sell, trade, or give away?

There may be someone in our parish looking for that very thing!

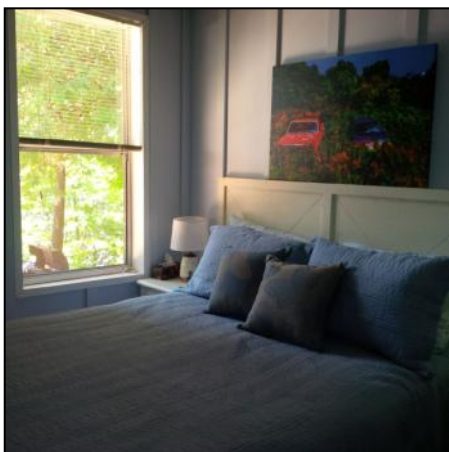
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Call Pat or Betty Dukes, 613-831-3062.



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Call Pat or Betty Dukes, 613-831-3062.



For Sale

White Maytag self-clean stove, \$200.

White Maytag dishwasher, \$100.

Venmar stainless steel hood fan, \$100.

Will sell separately, or all three for \$300. Older models, but all are in very good condition and everything works on them (also have the User’s Manuals). Pick up only.

For more information call 613-249-8338.

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Contact Zdena Harder zeeharder@rogers.com



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