

# CORNERSTONE

September, 2014

20 Young Road  
Kanata, Ontario  
K2L 1W1  
613-836-1001  
www.stpaulshk.org

**St Paul's**  
ANGLICAN CHURCH



“A growing community called to know Jesus Christ and make him known in the world by our presence.”

## Sunday Services

**8:00 a.m.** – Holy Communion Said service

**9:15 a.m.** – Traditional/Choral Holy Communion. Kids are invited to join the God Squad for children’s worship, crafts and games. Nursery care also available.

**11:00 a.m.** – Praise Music Holy Communion. Kids are invited to join the God Squad for children’s worship, crafts and games. Nursery care also available.

## Other Services

**10:00 a.m Wednesday** – Bible Study and Eucharist

**2:00 p.m. Thursday** – “Seniors’ Afternoon Out” Service and Social

## Inside this issue:

- Messages from Father John and Father Craig
  - God Squad news
  - Open House Sept 28
  - Neighbourhood BBQ
  - GIFT update
  - Memorial Garden stories
- ...and more!

October edition deadline:  
**Tuesday, September 30, 2014**

Please send submissions to:  
**cornerstone@stpaulshk.org**



## A message from Father John

### Celebrating past, present and future

Why do we celebrate Anniversaries? Because it is Fun.

This month, on September 21, we will celebrate an important milestone in the life of St. Paul's church. We will mark ten years in our new facilities and 140 years as a parish.

St. Paul's has a long and faithful tradition over the years. We have proclaimed, worshipped and served in a changing world. From a small and rural parish, we have grown to be one of the largest parishes in the Diocese of Ottawa. St. Paul's is adapting and responding to a world and a community that is very different than it was in the early years of Hazeldean. We have been able to remain faithful because the parish has always asked God to lead us into the future.

This celebration gives us an opportunity to reflect, to rejoice and to rededicate our future to continue this faithful service in the years to come. I am truly blessed to have met and served with so many saints of God

during my ministry here. The people of St. Paul's are a remarkable bunch of gifted Christians. Our story is the foundation for our future work in Kanata.

Because of the hard work of Mathias Joost, an updated history of the parish with photos will be available soon for purchase. I commend this book to you because it outlines the years of work this parish has accomplished.

My hope is that we will gather on September 21 at 10:00 am for a combined service, and rejoice in each other's company, and take time to thank God for all the blessings he has given us. I believe it will also be an opportunity for us as a family to look forward and ask where he might be calling us to journey. I hope that everyone will make the effort to join in the Service. I know it will be crowded, but we are stronger when we come together.

May God bless and keep us as we celebrate the present, rejoice in the past, and prepare for the future.



## From the desk of Father Craig

### Considering the lilies

*"If then you cannot do even a very little thing, why do you worry about other matters?"*

*Consider the lilies, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass in the field, which is alive today and tomorrow is thrown into the furnace, how much more will He clothe you? You men of little faith!"* Luke 12.26-28

Walking out of our house every morning I am given pause to consider the lilies! Eva and I planted them two years ago. I don't always pay much attention to them. Many mornings I have cares and concerns of family and friends. Mostly my own preoccupations.

But there are times that I do pause, sometimes to even smell the roses, literally. After the rush of going back

to work after the summer schedule, going back to school and after school activities, or just that the children or grandchildren having gone back home after visiting... I pray we pause and take a breath. A breath that puts worries in their proper place.

No, Jesus didn't go about oblivious to the care and concerns of the world. He, far more than we do, met them head on with honour and integrity. He also took the time to pray, "as was his custom." Weekly prayer in community and daily prayer with the disciples, and on his own, was His example to us.

Considering the lilies is not about navel gazing. Often it requires rolling up your sleeves and pruning, digging weeds and fertilizing. Jesus often lifted up the images of plants and gardens to demonstrate what is important

*(Continued on page 3)*

## God Squad News

### Our children are our future

#### God Squad is having a Celebration Sunday September 21 at 10 AM



If you are between 4 & 12 years  
come and join in the fun!

You will find us in  
the Sunday School Room

on the lower level of St Paul's Church  
20 Young Road, Kanata

We have had a successful summer, as we gave some hard-working teachers a much deserved rest, and introduced some new teachers to the program.

*(Continued from page 2)*  
in God's kingdom.

So many people in our part of the garden remain alone and disconnected. Let us welcome them in. So many people in our world don't know what to do with all the violence and tragedy in the world. Introduce them to a God who knows them and wants to have them/us as part of the plan of reconciliation and healing.

This not easy, in fact it is a huge challenge, but with bright creative people, and God's help, it does happen!! Have you always wanted to see something changed for the better? Now you can, with God's help!

Look at St. Paul's: 140 years of people gathering as a community to pray and serve, 10 years in our new building, and an eternity ahead...

September is a "new day" in our life of faith. Let us welcome the challenge that lies ahead!

In Great Thanksgiving,  
*Fr. Craig+*



Everyone involved in God Squad is dedicated to ensuring the kids have fun while learning the valuable lessons that we, as adults, get to enjoy upstairs. It is a joy to watch the kids march in with smiles on their faces and crafts proudly displayed, and humbling to be involved with such a remarkable group of teachers.

This year, we have several special activities planned, including a Welcome Back party and registration on September 14, St. Paul's 10<sup>th</sup> Anniversary on September 21, All Saints Day in November and, of course, Christmas!

Stay tuned for details on other special events that are in the works. If you are interested in helping out or teaching, please contact Tracy at 613-470-5647 or [sundayschool@stpaulshk.org](mailto:sundayschool@stpaulshk.org).

*Tracy Albert*

## Parish council news

### Open House September 28

Everyone is invited to our next Parish Council meeting at 7:30 p.m. on Tuesday, September 16.

We look forward to celebrating our 10th Anniversary on Sunday, September 21, with a service at 10am.

We will have our **Ministry Open House on Sunday, September 28.**

St. Paul's is a vibrant and active worship community. The Open House is an opportunity to learn more about the variety of ministries that are on the go here at St. Paul's, and get involved in those that most interest you. Even better, try something completely new! I have no doubt you'll be pleasantly surprised by what you can do.

*Alison Stortz,*  
*Parish Council Chair*



# Neighbourhood BBQ a success

## Thanking our neighbours, celebrating our community

by Julie Landgraff

Thank you, Neighbours!

On Saturday, August 16, St. Paul's hosted our first Neighbourhood Barbecue. The event was a free lunch, intended to thank the residents surrounding the church for being great neighbours. St. Paul's church has been part of the Hazeldean-Kanata community for 140 years, and in that time, has been re-built 3 times. 2004 was the most recent re-build of the building and, in honour of that 10 year anniversary this fall, the congregation wanted to thank the neighbours in the immediate area for their support. The BBQ ran from 11am to 1pm and included traditional fare, such as hamburgers, hot dogs, juice, & pop. Clowns were on site entertaining the children with balloon animals, pirate hats and swords.

The idea was raised in Parish Council as an outreach ministry similar to Love Kanata -- a former city-wide event that happened annually in Kanata. About 5 churches began this initiative together. The purpose was to offer help to our neighbours with events such as a free BBQ, prayer tent, willing hands to wash cars, and a team that went into the neighbourhood to help seniors with gardening and small repairs.

"The goal of our Neighbourhood BBQ was to focus on the community, not the congregation," said Colin Mackenzie, one of the organizers. Feedback from some of those who attended the lunch indicated that they had a positive impression of St. Paul's and that the church, too, had been a good neighbour. Several of the attendees remember the church re-construction in 2003 & 2004, and, at that time, had questioned the

size of the building. A facility of this size in the midst of a small residential community might have been awkward, but St. Paul's seems to have struck a nice balance between the needs of its parishioners and the needs of the community.

Father Craig reflected on the event: "We live in such a fast-paced, busy world. It is rare that we take the time to get together, break bread together (or hamburgers in this case) and really meet our neighbours. Saying 'thank you,' and making connections with the people who surround you every day is important. After 10 years in the new building, and 140 years in the community, we can't forget that our neighbours are the ones who make this place special. We wanted to let the community know that our parishioners are grateful for their support."

A big thank you to organizers Linda & Wayne Keech, Danielle & Colin Mackenzie, as well as the numerous volunteers for helping to make the event a success.



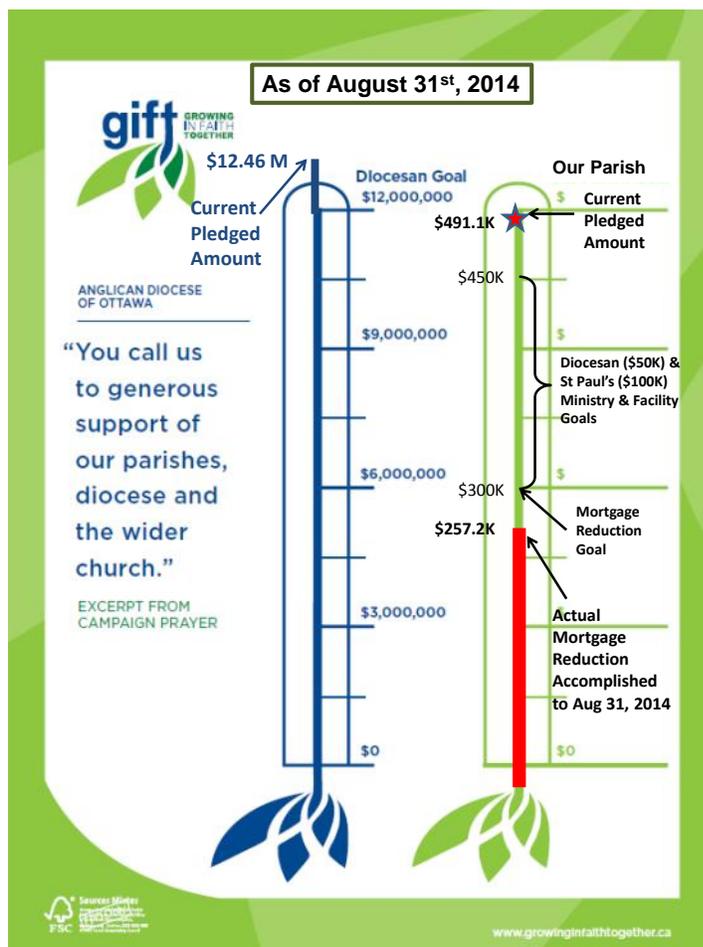
## GIFT update

### Growing In Faith Together

The GIFT (Growing In Faith Together) Campaign is a joint venture between St. Paul's and the Diocese of Ottawa, intended to raise funds for specific Parish and Diocesan Ministries. It is now approaching the end of the second year of a 5-year program. We at St. Paul's have been blessed by an extremely faithful response from our parishioners. The thermometer outlines the Parish and Diocesan goals and current accomplishments. For more information on the Diocesan component of the GIFT Campaign, please see their web site at <http://www.growinginfaithtogether.ca/>.

We have now received 52% (or \$257K) of the currently pledged total of \$491K. This \$257K has gone directly to reducing our mortgage. The mortgage on our church building, on the eve of our 10<sup>th</sup> Anniversary on September 21, now stands at \$611K - not bad at all, considering the build cost of \$3.3M! Thank you, members of St Paul's, for your generosity and faithfulness.

We are now attempting to refine the ministry goals that we identified as part of this GIFT Campaign. To further this discernment, St. Paul's will be hosting a Community Consultation Breakfast in October. At this breakfast, we will invite many of the secular leaders in our community to help identify areas of need where St. Paul's might generate a new or expanded ministry to better serve our residents. Their collective input will be summarized and studied by Parish Council. Eventually, our GIFT funds will be associated with a proposal to Vestry for new implementation of ministry to our community.



We are blessed to be a part of a church community that has the financial and human resources to apply to expanding outreach programming. Even more than that, St. Paul's has a passion for delivering ministry to those in need.

The GIFT Campaign is not over! If you would like more information on how to get involved, we would be happy to discuss the campaign with you.

*Francis Christensen and Alison Stortz*

## Gothic Architecture conference

### September 26-27, 2014

You are invited to participate in a two-day conference September 26-27: **The Origins and Significance of Domestic Gothic Architecture in Ottawa.** The tour will include, among other stops, two very different Gothic revival churches: the romantic ruins of Hamnett Pinhey's Old St Mary's (1822-25) and its successor, New St Mary's North March (designed 1909 by architect J.W.H. Watts, first curator of the National Gallery of Canada), adjuncts to the Pinhey estate on the Ottawa

River. The conference is open to the public, but spaces will be limited (and must be booked for the tours).

Please contact Bruce Elliott at [Bruce.Elliott@carleton.ca](mailto:Bruce.Elliott@carleton.ca) as soon as possible to indicate your interest in attending. The final program will appear closer to the event on [www.carleton.ca/history](http://www.carleton.ca/history) and [www.pinheypoint.ca](http://www.pinheypoint.ca).

## The dedication of the Memorial Garden

by Marion Allen

On June 29, 2014, the Memorial Garden at St. Paul's, which was started in 2005 after the completion of the new church building, was dedicated to the Glory of God by Fr. Craig.

The Memorial Garden was intentionally set aside and created for stillness, refreshment and reflection for members of St. Paul's and our many visitors. Since its completion, people have used it as a quiet space during the week, and as a background for wedding and baptismal photos.

During the planning phases for the land and new church building in 2003 & 2004, various garden beds were designed to surround the building; however, a space designated as a "Memorial Garden" was not originally included in the architect's plans. In 2005, Lorna Brule spearheaded a group who began the development of this space. In 2008, Cindy Phillips drew up a plan and in 2009 the City of Ottawa approved the completion of the garden in accordance with their specifications. In 2010, Marion Allen revised this original plan with additional features. The stone pathways were built in 2011 and planting began the following year.

Once the planting was complete, the final feature was installed in the centre of the stone walkway: a Celtic cross etched into a circular piece of black granite. The stonework was designed and set into place by Father Craig Bowers, who worked with his father in the monument business prior to his ordination. It was, therefore, very fitting that Fr. Craig was the one to dedicate the Garden.

The Memorial Garden was made possible by donations from parishioners in memory of loved ones. The gardens are maintained by five volunteers. The purpose of the garden group has been to provide stewardship of God's gift of nature, and to create a welcoming space for all to enjoy.



# Life emerging: a story from the Memorial Garden

by Mary Seal

All through the night of June 30th/July 1st I kept having one recurring dream. It was about... No, wait. I need to go back about ten days before that.

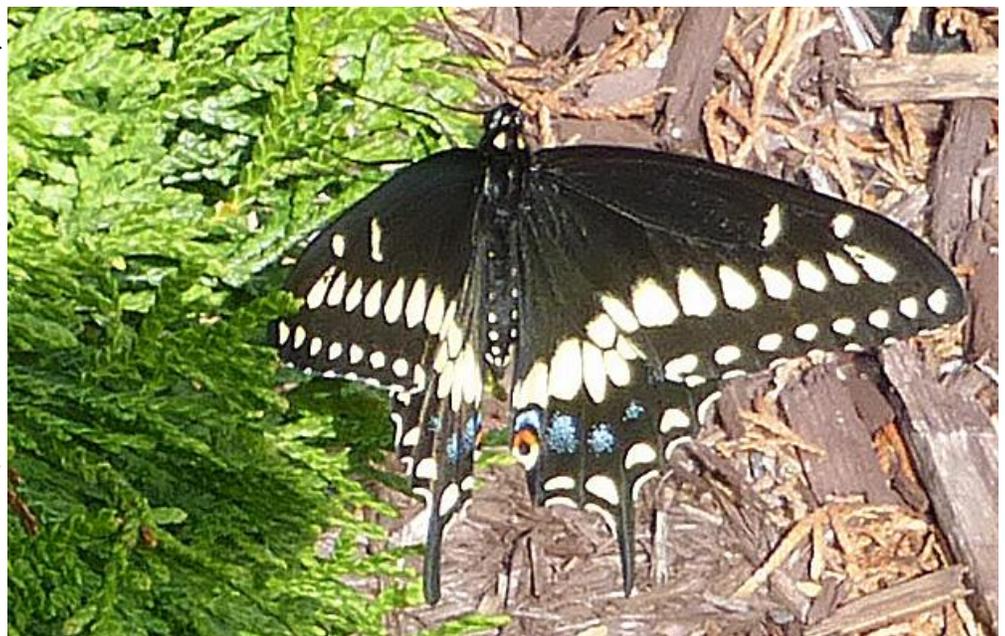
It was morning of Monday the 23rd of June. Betty Dukes and I were doing weeding, etc, in the church gardens. I was paying attention to the memorial garden. As I was working around the crab apple tree, something caught my eye. There, on the supporting post of tree was a bright green chrysalis!

As soon as I got home I checked my books to see what species it could be. It was a black swallowtail butterfly. Immediately I returned to the garden with some netting and carefully wrapped it around the tree trunk and supporting post so that this delicate thing could be protected. According to the books, the butterfly would emerge in about ten days. My intention was to come back on the 2nd of July to see how it was coming along.

In the meantime, a lovely new granite cross was inserted into the brickwork of the garden, and on Sunday, June 29th, Father Craig blessed the cross and the rest of the garden. I noticed that some of the holy water had sprinkled the chrysalis. My heart skipped.

Now, back to my dream.

Over and over again, I dreamt of a black swallowtail fluttering above my head. It kept bringing my attention to the netting surrounding the chrysalis. I knew the butterfly was telling me that I had to go and remove this netting. The following morning, on Canada Day, I announced to my husband that I needed to go up to the church and removed said netting, and told him about my dream. This was at 9:00 am, and he said that there no hurry, we had plenty of time. I urged him that we had to go immediately!!



So, with camera in hand, we both made our short trip to the church. As we made our way to the memorial garden, a swallowtail butterfly kept flying around our heads. We both thought it was waiting for the new creature emerge. The chrysalis had changed to a brownish colour, and, it was moving!

With my husband's help, I carefully removed the netting and he then took pictures. All this time, the black swallowtail was flying around us. Upon reviewing the pictures we had taken I realised that the chrysalis was empty. Then it dawned us. The butterfly that was still flying around us was THE butterfly from the chrysalis. Every now and then it would alight quite close. In all, we had its glorious company for about 20 minutes! Then, as if to say farewell, it flew around us once more and was gone.

As I relate this tale my heart still swells. If the dream hadn't been sent to me, my husband and I would never have been able to witness this beautiful creature. I cannot help but be reminded of our Lord rising from the dead to live again!

Blessings to all with a heart full of love,  
*Mary Seal*

## Christmas bazaar

### Please help with this important event

Mark your calendars – the annual Christmas Bazaar is just around the corner!

**Friday Nov. 21 from 4p.m to 8p.m.**  
**Saturday Nov. 22 from 10a.m. to 2p.m.**

On Friday plan to come to the Chili Dinner, prepared and served by men of St. Paul's.

There will be an array of tables where you can purchase such things as tasty edibles, quality crafts, interesting collectables, baby quilts & and a variety of other quilted items.

There will be a lucky draw for a beautiful quilt made by St. Paul's Quilting Group.

There will be a "Kids Only Room" where children can spend time choosing special gifts for family & friends. Volunteers will be on hand to help them select and wrap these treasures.

Other surprises await, so be sure to get some friends together and come out and enjoy the fun.



**STILL NEEDED - A CONVENOR FOR THE SATURDAY LUNCH.** This has always been an important part of the festivities, so please consider this request.

#### ALSO NEEDED:

- Convenors for the following tables: Toys, White Elephant, Crafts, Frozen Foods.
- a Clean-up team.

Lots of help is needed to make this event a success so get your spouse or a friend and volunteer together to look after one of the above.

Ideas for new tables would be most welcome.

Contact Minx at 613-253-8632 or [minxmulhall@hotmail.com](mailto:minxmulhall@hotmail.com) for more information.

## St. Paul's soup pots missing

We are missing a few of our big soup pots in the kitchen. We have a number of covers, but the pots are missing.

It may be that someone has taken a pot home to wash and put it away instead of bringing it back to the church. Please check around your homes for these soup pots. They should have St. Paul's written on them.

Thank you,  
*Heather Colls*  
 Kitchen

## Cursillo news

### Ultreya!

Cursillo weekends are coming up! Please keep the teams and participants in your prayers. If you know someone you think would benefit from the Cursillo experience, please speak to Fr. John.

#### Fall Weekend Dates:

120th Women's Cursillo Weekend Oct 23-26  
 (Diane Brown, Lay Rector)

121st Men's Cursillo Weekend Nov 20-23  
 (David McCreery, Lay Rector)



## Men's FLAME conference October 31 to November 2, 2014

FLAME presents a weekend of spiritual enrichment, refreshment and fellowship for men, with guest speaker Rev. Dr. Ron Kydd, Associate Professor of Church History at Tyndale Seminary in Toronto.



The topic for this weekend will be:  
**The Christ Life through the Holy Spirit: Walking in Step with God**

Ermitage Ste Croix  
21269 Gouin Blvd West  
Pierrefonds QC H9K 1C1  
October 31 to November 2, 2014

We invite and encourage you to attend this weekend of fellowship and spiritual refreshment which begins on Friday night and winds up after lunch on Sunday afternoon. Our activities focus on prayer, music, and a series of talks, followed by small group discussions. You are always free to take time by yourself whenever you wish. All activities are built around an easy timetable designed for men to share and discover more about life with one another, in the brotherhood of our Lord Jesus Christ.

### The deadline for registration is October 11th

The registration table will be open between 4 and 7:30pm on Friday Oct 31st. Dinner is served between 5:15pm and 6pm.

To ensure that participation in this weekend is available to everyone interested, the weekend's expenses are covered primarily through a "free-will offering" approach. Please include a cheque for \$70 with your advance registration. During the closing service on Sunday morning, participants will be asked to help defray the costs of this event through a private free-will offering. Our total cost per participant is expected to be \$180.00, for accommodation, meals, snacks and materials. We invite each participant to contribute as he is able and feels led.

Contact *Roger Spack*  
514-684-4356,  
[roger.spack@sympatico.ca](mailto:roger.spack@sympatico.ca)  
or *Andre Hammond*  
514-694-9567,  
[andrehammond@videotron.ca](mailto:andrehammond@videotron.ca)



FELLOWSHIP &  
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FOR ANGLICAN  
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ENRICHMENT



## Autumns of my childhood

by April Forsberg

Purple asters and golden rod mean back to school  
when days are warm, and nights are cool.  
Backyard harvests overflow,  
and geese are gleaning before they go.

Sunlight is thin, it won't last long;  
it's coldest now just before the dawn.  
Woolen blankets and a flannel sheet  
are shields of warmth for chilly feet.

Maples scream orange, yellow and red;  
crows are shiny-black, big, and well-fed.  
Pumpkins are fat, and the sweet-corn is gone  
grown-up now is summer's dappled fawn.

Autumn air is crisp and clear;  
temperatures are dropping – winter is near.  
One day we wake, and the frost has come.  
and the geese are leaving – their gleaning is done.

The world falls silent, as if to know  
Its blanket of rest is the gift of snow.  
Then autumn is gone, and comes Christmas mirth;  
we'll celebrate winter, and a Holy birth.

*From the private notebook of April Forsberg @2005*

## The old fisherman

Our house was directly across the street from the clinic entrance of Johns Hopkins Hospital in Baltimore. We lived downstairs and rented the upstairs rooms to out-patients at the Clinic.

One summer evening as I was fixing supper, there was a knock at the door. I opened it to see a truly awful looking man. "Why, he's hardly taller than my eight-year-old," I thought as I stared at the stooped, shriveled body.

But the appalling thing was his face, lopsided from swelling, red and raw. Yet, his voice was pleasant as he said, "Good evening. I've come to see if you've a room for just one night. I came for a treatment this morning from the eastern shore, and there's no bus 'till morning."

He told me he'd been hunting for a room since noon but with no success; no one seemed to have a room. "I guess it's my face. I know it looks terrible, but my doctor says with a few more treatments..."

For a moment I hesitated, but his next words convinced me, "I could sleep in this rocking chair on the porch. My bus leaves early in the morning." I told him we would find him a bed, but to rest on the porch. I went inside and finished getting supper. When we were ready, I asked the old man if he would join us. "No thank you," he said, "I have plenty." And he held up a brown paper bag.

When I had finished the dishes, I went out on the porch to talk with him a few minutes. It didn't take a long time to see that this old man had an over-sized heart crowded into that tiny body. He told me he fished for a living to support his daughter, her five children and her husband, who was hopelessly crippled from a back injury.

He didn't tell it by way of complaint; in fact, every other sentence was prefaced with thanks to God for a blessing. He was grateful that no pain accompanied his disease, which was apparently a form of skin cancer. He was thankful for the strength to keep going.

At bedtime, we put a camp cot in the children's room for him. When I got up in the morning, the bed linens were neatly folded, and the little man was out on the porch.

He refused breakfast, but just before he left for his bus, haltingly, as if asking a great favor, he said, "Could I please come back and stay the next time I have a treatment? I won't put you out a bit. I can sleep fine in a chair." He paused a moment and then added, "Your children made me feel at home. Grownups are bothered by my face, but children don't seem to mind." I told him he was welcome to come again.

And on his next trip he arrived a little after seven in the morning. As a gift, he brought a big fish and a quart of the largest oysters I had ever seen. He said he had shucked them that morning before he left so that they'd be nice and fresh. I knew his bus left at 4 a.m., and I wondered what time he had to get up in order to do this for us.

In the years he came to stay overnight with us, there was never a time that he did not bring us fish or oysters or vegetables from his garden.

Other times we received packages in the mail, always by special delivery; fish and oysters packed in a box of fresh young spinach or kale, every leaf carefully washed. Knowing that he must walk three miles to mail these and knowing how little money he had made the gifts doubly precious.

When I received these little remembrances, I often thought of a comment our next-door neighbor made after he left that first morning. "Did you keep that awful looking man last night? I turned him away! You can lose roomers by putting up such people!"

Maybe we did lose roomers once or twice. But, oh if only they could have known him, perhaps their illness would have been easier to bear. I know our family always will be grateful to have known him; from him we learned what it was to accept the bad without complaint and the good with gratitude.

Recently I was visiting a friend who has a greenhouse. As she showed me her flowers, we came to the most beautiful one of all, a golden chrysanthemum, bursting with blooms. But to my great surprise, it was growing in an old dented, rusty bucket. I thought to myself, "If this were my plant, I'd put it in the loveliest container I had!"

*(Continued on page 11)*

## On the lighter side...



Cartoon by Cuyler Black

(Continued from page 10)

My friend changed my mind. "I ran short of pots," she explained, "and knowing how beautiful this one would be, I thought it wouldn't mind starting out in this old pail. It's just for a little while, till I can put it out in the garden."

She must have wondered why I laughed so delightedly, but I was imagining just such a scene in heaven. "There's an especially beautiful one," God might have said when he came to the soul of the sweet old fisherman. "He won't mind starting in this small body."

All this happened long ago -- and now, in God's garden, how tall that lovely soul must stand.

The LORD does not look at the things man looks at. Man looks at the outward appearance, but the LORD looks at the heart.

<http://www.inspire21.com/stories/truestories/TheOldFisherman>

## St. Paul's Agora

Do you have something you would like to sell, trade, or give away?

There may be someone in our parish looking for that very thing!

Simply send your ad to: [cornerstone@stpaulshk.org](mailto:cornerstone@stpaulshk.org)

### Charging Station for sale

iHome...Charge Your World. Charge up to 4 devices simultaneously (iB970). Charges Sony and Nintendo portable gaming devices, iPhone/iPod docks, e Book Readers and BlackBerry, iPad through USB ports. New. \$20

Please leave a message for Cheryl at 613-254-7248.

### Free: winter tires

Free to a good home: a set of 4 winter tires on rims with good tread (used two winters?), size P175/70R13. The rims are "4-hole" from a 1992 Honda Civic, so are smaller than more recent Civics.

Contact Doug Beckett at [d\\_m.beckett@sympatico.ca](mailto:d_m.beckett@sympatico.ca).

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