

# CORNERSTONE

May, 2012

20 Young Road  
Kanata, Ontario  
K2L 1W1  
613-836-1001  
www.stpaulshk.org

**St Paul's**  
ANGLICAN CHURCH



“A growing community called to know Jesus Christ and make him known in the world by our presence.”

## Sunday Services

**8:00 a.m. Sunday Morning** – Holy Communion Said service

**9:15 a.m. Sunday Morning** – Traditional/Choral Holy Communion. Kids are invited to join the God Squad for children’s worship, crafts and games

**11:00 a.m. Sunday Morning** – Praise Music Holy Communion. Kids are invited to join the God Squad for children’s worship, crafts and games

## Other Services

**9:45 a.m Wednesday** – Eucharist and Bible Study

**2:00 p.m. Thursday** – “Seniors’ Afternoon Out” Service and Social

**7:00 p.m. Friday** – EPIC Youth Group

## Inside this issue:

- Messages from Father John and Father Craig
  - Parish Town Hall
  - Parish Council News
  - BioSand Filter Update
  - The Sunshine Committee
- ...and more!

Summer edition  
deadline:

**Tuesday, June 12, 2012**

Please send submissions to:  
**cornerstone@stpaulshk.org**



## A Message from Father John

### Communication — Conversation — Sharing our Hopes

Everyone is invited to our **Town Hall Meeting on Tuesday, May 15, at 7 p.m.** Childcare will be provided

at the church during the meeting.

I was very pleased that we had an opportunity at this year's Vestry to talk together about the many reasons why we call St. Paul's our home. I believe that we are all blessed to be a part of a growing and dynamic Church. Sometimes we need more time to talk with each other and gain insights from each other about the future direction of the parish.

Over the last two years we have increased our communication in the parish. We use many forms to get and gather information about people's ideas. Parish Council wanted to create an opportunity to give everyone a voice in our decision-making process. We have decided to offer two town Hall forums (the upcoming meeting on Tuesday May 15, and another in the fall).

We hope you will come and join the discussion. There will be three parts to the evening:

1. Our strengths and weaknesses.

When we consider what we do well and what can we improve, we need ideas about how we can be more effective and welcoming. God has put us here for a reason and we must strengthen our ability to serve His Kingdom more completely.

2. How do we develop ongoing leadership in the parish?

We have a very extensive model of governance for the parish that has a high turnover rate of leadership. Are there other models that we can use or are there ways of inviting people into the leadership of the parish ministries.

3. Gift Campaign — Looking at our case for support.

We have been blessed with a special arrangement in this campaign. When we are successful in the campaign we need to decide where our spending priorities for our Parish lie. We hope that the Town Hall will help us make these decisions.

If you have opinions, ideas, hopes or concerns about St. Paul's Church, please come to the Town Hall Meeting and share them with us.



## From the Desk of Father Craig

### Christ is Risen! Alleluia!

It is such a humble joy to celebrate the hope of Easter together. That joy does nothing but deepen

as we hear the post-Easter Gospels:

Jesus with the disciples on the road to Emmaus, Jesus entering the locked rooms where the disciples were hiding, and

Jesus speaking life changing words of Peace to those still living in fear of the powers of this world.

How does the hope of Easter unfold? With God, in the person of Christ, spending time with, giving his very self to, those frightened men and women.

*(Continued on page 3)*

In a world and time where it is almost a word of honour to say how “busy” we are, and not to mention that Mother’s Day is fast approaching, let us take a moment to consider how we spend our time, how we offer ourselves to those around us...

God doesn’t ask of our time to interrupt our fun, but instead to focus on truly joy-filled work! It begins with the third commandment:

**Remember the Sabbath day and keep it holy.**

Set this day apart. Give God your time. Why would we think we would have a relationship with such a God if we didn’t spend time with him and those, who like us, love him?

God will introduce you to some amazing people when you give him your time. And the Holy Spirit will whisper, or maybe shout, who needs your time, energy and care.

As Mother’s Day approaches, I am going to give some time to thanking God for Mary, the mother

of our Lord; for her YES to God and her YES to the people of the world. May that time draw me closer to the family that raised me, to my faith family – the Church – and to the whole human family.

As we prepare for the coming of the Holy Spirit, the time of Pentecost, let us pray that God will help us find new and creative ways to use our time for God’s glory and the love of the world!

Peace be with you,  
*Fr. Craig+*



## Congregational Resource Day Update

by Anne Baker

I attended the splendid “Congregational Resource Day” held at St Paul’s University last Saturday, and wish to share this experience with you.

The Resource day was attended by more than 200 Anglicans from all corners of our Diocese, from parishes of all sizes. After checking in, we chatted together over a welcome breakfast. We then proceeded to St Paul’s Chapel for Morning Service and actually canted the prayers, the Psalm, the Venite etc. — a truly glorious start to our day.

We had each selected 3 workshop sessions from a list of 18 topics. Due to my position as Warden, I chose to attend one on the role and responsibilities of Wardens, and one on managing parish finances. These subjects were well addressed and very informative and allowed for questions and comments.

The third session I attended was titled “Praying Congregations.” During this session, 3 presenters shared their prayer journeys with us us: prayer through art, prayer through meditation, and prayer in a group that’s viewing a Prayer DVD. This was a very rich and spiritual sharing of ideas and experiences.

We chatted over a good boxed lunch somewhere through the day, wishing we could have attended more of the topics offered as we compared notes on the various experiences we’d had. We also had the opportunity to buy books from the Christian Bookstore in the lobby, so there was ample opportunity for enrichment that day.

I look forward to next year’s Resource Day and have no hesitation in recommending it.

# Parish Council News

## Highlights of the April 17, 2012 Parish Council Meeting

by Francis Christensen

### General

- Parish Council will host a Town Hall on Tuesday May 15, 2012 in place of their regular Parish Council meeting. If successful, another Town Hall is contemplated, perhaps utilizing a different timeslot. See the Town Hall notice on the next page for additional details.

### Operations

- Sign: the contractor has completed his site visit and is attempting to match brick style and colour with our building brickwork. Repairs to the arch brickwork over the narthex entrance will be completed at the same time.
- Sanctuary Sound System: The nursery now has an audio feed from the church worship services.
- Memorial Garden: It has been suggested that any who wish to honour the memory of Angela Kilby may do so with a donation to the Memorial Garden.
- Garbage Collection: The City has agreed to continue garbage (non-recycled) pick-up at no charge for St. Paul's. However, the Kanata Food Cupboard and any renters utilizing St. Paul's facilities will be required to purchase garbage bags to have their garbage picked up curbside.
- Work Party: The outside spring clean-up will be held Saturday May 12.

### Program

- Outreach: Cornerstone Ministry - The visibility of this important ministry will be expanded.
- Outreach: Turn On the Tap - We collected funds sufficient to purchase 101 water filters. This program is now completed. Congratulations to all and especially to Sheila Evans who coordinated this amazing effort.
- Christian Education: Nursery - Funds for

floor padding and murals will be considered for budget approval by Vestry 2013.

- Liturgy: Due to pew book shortages, more frequent use of the computer during worship services, especially for major events like Easter and Christmas, is being planned.
- Liturgy: Guidelines for the various ministries involved in liturgy - Shirley Christensen will begin undertaking a review of current guidelines and will consider standardization of some of the roles.
- VE day celebration will take place on April 29 at the beginning of the 11:00 am service. There will be a procession of veterans, depositing of the colours, and an act of remembrance.
- Outreach: Newcomers: The Newcomer Team is firming up procedures to be followed.

### Finance

- To the end of March, church offerings are up 9% over the same period last year. Congratulations to all for stepping up to our 2012 financial budget challenge.
- Gift Campaign: Campaign leaders that have been identified to date are:

Co-Chairs: Francis Christensen & Alison Stortz  
 Communications: Danielle & Colin Mackenzie  
 Data Recording & Reporting: Linda & Wayne Keech

More leaders and ambassadors/visitors will be required as the Campaign proceeds.



# PARISH TOWN HALL

Tuesday, May 15th, 7:00-9:00pm

This is a unique opportunity for you to share your opinions, hopes, dreams, and concerns regarding our life together at St. Paul's. Our conversation will centre on three significant discussions:

- What are our collective strengths and weaknesses and how can we capitalize on them?
- How do we most effectively develop ongoing parish leadership?
- For the upcoming GIFT (Growing In Faith Together) Campaign, where should our priorities lie regarding the use of funds raised?

Your input is very significant and will directly assist Parish Council to focus their efforts on areas which are most relevant and important to you, our parishioners.

**Child-Care will be available**

**St. Paul's Anglican Church, 20 Young Road, Kanata, 613-836-1001**

# Update on the BioSand Water Filters

by Sheila Evans

The power of God working through us can do more than we can ask or imagine. The time of Lent this year at St Paul's was a true testimony of that statement. Thanks be to God and to the congregation of Saint Paul's, who so generously embraced the BioSand Water Filter project and raised \$10,100.00 for the installation of 101 water filters. These filters will provide clean drinking, cooking and cleaning water to 1,010 people – that's the equivalent of 5 villages!

This loving gift from our Parish will give hope for a healthy future to people who have been struggling to survive on water from fouled water holes, stagnant pools and polluted rivers. Healthy adults will be able to work, hunt, and tend to crops and animals. Healthy children will be able enjoy their childhood, help their parents, and attend school for a more promising future.

How wonderful it is to know that, as a Christian community of faith, we can rest assured that the Field Workers of Samaritan's Purse will deliver our gift with compassion and instill in these desperate people the knowledge of God's love working for them in this world.

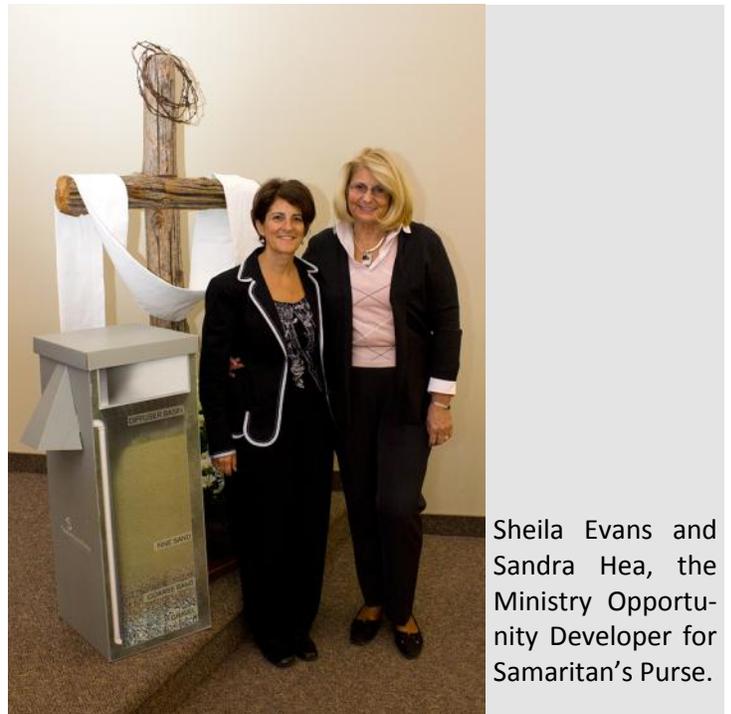
A number of people contributed to the success of this project. I would like to thank Father John, who wanted our time of reflection, prayers and alms-giving at Lent to culminate in a gift that had a positive, universal impact. Father Craig and Father John took the time to talk about this each week at every service. I also want to express my gratitude to the Parish Council, who whole-heartedly accepted this project and passed the hat to purchase the first filter right there at the PC meeting back in February!

The memories and the list continue through the whole month of Lent. A number of church groups collected and contributed. It was wonderful for me to meet you, my fellow Parishioners from all

three services, as you dropped by my table in the hall to offer your support and ask questions. It was such fun to spend time with the God squad. I enjoyed hearing Charlie tell the congregation the story of girl from Africa whose life was changed by her family getting a filter, and watching Owen describe how the filter worked!

On Good Friday, many people expressed being touched by the simple cauldron of water placed at the foot of the cross in memory of our Lord's supreme sacrifice and his words, "what you have done for the least of my people, you have done for me."

I hope the joy of this Easter remains in your heart always. This whole experience has filled me with wonder and awe at the generosity and love that is deeply rooted in you, the congregation of my spiritual home, here at St Paul's. Thank you and God Bless you, as you have blessed others this Easter.



Sheila Evans and Sandra Hea, the Ministry Opportunity Developer for Samaritan's Purse.

# The Sunshine Committee invites all St. Paul's Saints to get a free halo!

by Barry Bockus

During our annual Vestry, I raised the issue of "Whiteout" on the screen in front of St Paul's during the 11 o'clock service. I felt that losing the words to hymns and prayers in midstream detracted from the service. That this had gone on for 8 years was unreasonable. Father John asked me to seek a solution. What follows is a solution, as well as the options I rejected and why.

Like all of you, I have only the power to advise. This solution is not funded in our 2012 budget. If it is not done by the summer of 2012 construction season, it will spill over into the 2013 Vestry.

A word about the committee name: credit goes to Dereck Hardacre. He came to me, tongue in cheek, and suggested it as a committee name. I like it because it projects my optimistic nature.

In a recent service, I looked up to see Margaret Anthony singing like an angel. She was spot-lighted by a beam of sunlight. In renaissance paintings, Angels, Deity and Saints are often shown in such a beam of light. The rest of the choir was in relative darkness. This light that also "whites out" our screen comes from our clerestory windows - almost 50 feet up.

These clerestory windows are a wonderful architectural feature of our church. They borrow from church design going back more than a thousand years. In the year 1000, there was no electricity. They used such openings to provide lighting. Our clerestory windows make St Paul's bright and well lit.

Most of our problems are caused by the first three windows on the South side (or right side) of the church. The 50 foot height of the windows means that \$3000 worth of scaffolding is needed before most solutions are considered.

I looked at and rejected several possibilities:

1. Place the Projector Screen on the right side - too expensive as the projector must be placed high.

2. Use a drapery crane or pivoting drapery rod - a 4-foot banner would be needed and would eliminate some seating on the right.

3. Increase the power of the projector - ineffective and expensive for a 3200 lumen projector.

4. Place blackout drapery on 3 windows - too expensive - about \$3000 for the scaffolding, plus \$100 to \$3000 depending on the type of drapery installed.

The solution I thought best:

In Rutter Hall, we hired a company to place 3M film on the windows, to reduce sunlight. Their quote for our Clerestory Windows offered six solutions: inside or outside, using blackout, frosted or film similar to that in Rutter Hall. The quote that made the most sense was a dark film applied to the outside of the window.

The dark film will defuse the light without substantially reducing it. Our church will remain bright and well lit, as designed by the architect. If we apply the dark film to the outside of the window, there is no need for expensive scaffolding. The quote is for four windows. The down side is that it is guaranteed for two years on the outside with an expected seven year life. The windows will probably need to be replaced in the future, as windows last about 25 years. When they are replaced, the first three should be frosted glass to diffuse the light.

Cost for the dark film installed is \$779.70 (Incl. HST). Installation involves going across the roof and applying film to the outside of the glass. Thanks to Carl Siemen for suggesting roof access.

Oh, yes, the free halo! In the sanctuary after the 11 o'clock service you find a bright square on the North (or left) wall. Walk forward into the beam until you look like a Saint.

## Have You Filled a Welcome Bag?

Mother's Day is fast approaching. If you still have a "Cornerstone Welcome Bag," **please return it to church by next Sunday, May 13.** If you do not have a bag but want to contribute, please bring your items along. On Mother's Day, the Welcome Bags will be blessed before we send them on their way to Cornerstone. Thank you to all those who shared their sewing talents and/or have filled welcome bags. We have welcomed over 100 women to the Cornerstone community.

Thanks,  
*Joyce Prentice*



## Outdoor Work Day at Bethesda Renewal Centre

**Saturday, May 12, 8:30 a.m. to noon (followed by lunch from noon to 1 p.m.)**

We need your help to gather, split and stack firewood for next year's maple syrup operation and for the fireplace in the retreat centre and woodstove in the prayer cabin. Wood has to be put away over a year in advance to dry and season. There is also work to do preparing the gardens and clearing /burning brush from the trails. We will work for 3 and a half hours, and then enjoy fellowship together over lunch that will be provided.

*Submitted by Lorna Brule, from Bethesda's blog on January 26, 2012. By [Rob Milnes, Bethesda](#)*

## Grocery Certificate Program

**It's a win-win situation!**

When you participate in the Grocery Certificate Program, you get to spend every cent of your money on groceries, and the store gives a percentage of the money spent to St. Paul's. Participating stores include: Farm Boy (5.5%), Bulk Barn (5%), Food Basics/METRO (4%), Loblaws (4%), Superstore (4%), and Independent (4%). Starting September 25, 2011, we will have \$20, \$50, and \$100 Sobey's certificates for sale.

Smart Card technology allows you to purchase a card, say for \$100. You get the full \$100 to spend at that store. Each time you shop, the amount of your purchase is deducted, leaving the remaining balance on the card for the next time.

We are now able to process debit cards! No need to worry about carrying cash or forgetting your chequebook.

Will you join us in raising money for St. Paul's by NOT giving your money? For more information, come and see us at the table in the hall: Larry @ 8, Jean @ 9:15, and Darell @ 11.

**You can give \$\$  
to St. Paul's  
without giving  
any \$\$!**

**It's true.**

**How? Get your  
grocery store to  
give \$\$ for you!**



## St. Paul's Memorial Garden

by Marion Allen

Is there a more exciting season in the woods and gardens that surround us? Spring allows the birds to return, new growth to push through the soil and causes the heart of a gardener to beat just a little faster. The sights, sounds and smells experienced when walking in the garden enrich our spiritual development.

This year, we plan to complete our garden spaces around St. Paul's by planting our centerpiece garden, known as the Memorial Garden.

The Garden Plan is on display in the Narthex. We require much help, both physical and monetary. You may wish to remember a loved one, or to make a thank offering for an event in your life by giving a gift to assist us in completing this beautiful space. Please consult the Garden Plan to help you with your decision. I have assigned prices to the various features in the garden, which will further assist you with your decision making.

Mary Seal, Betty Dukes, and I, Marion Allen, will

be in the Narthex to answer your questions on Sundays. During the week, on Monday and Wednesday mornings we can be found in the gardens of St. Paul's.

Remember, this is a growing adventure for all of us who wish to bring joy to their lives and to the lives of others who worship and visit St. Paul's.

Hope to see you in the gardens!



## The Chickens are Coming!

by Mathias Joost

Mark your calendars! The 2012 St. Paul's Chicken BBQ is coming soon - **Friday, June 8 from 3:00 pm - 7:00 pm.**

This year's price is \$15 per half chicken. The prices for our supplies, especially the chickens, have increased significantly over the last five years, so an increase in our price was necessary. You'll still get that same great chicken, the home-made coleslaw, and (yum!) those delicious pies.

Volunteers are always welcome to assist. Last year, you showed wonderful support by baking, providing and cutting those delicious pies, cooking chickens and serving them, setting up and cleaning up.

It's only through your wonderful assistance that the BBQ is possible, so please consider lending a hand.



## Murder Mystery and Silent Auction

In support of Waupoos Farm

Help support a worthy charity in the Greely area! On Friday, May 25th, we are holding our 5th Annual Murder Mystery and Silent Auction. This is our main fundraiser of the year with between 150-175 attendees enjoying a wonderful evening complete with a silent auction, full-course dinner, and, new this year, an interactive, 1940's radio play - "Dial NHL for Murder."

It's an opportunity for existing supporters to mingle with friends and colleagues, for new attendees to learn more about Waupoos, and for businesses to show their support of a most worthwhile and unique charity.

**Friday, May 25, 2012**

A Visitation Banquet Centre  
5338 Bank Street, Ottawa

Master of Ceremonies: Max Keeping  
6:30 p.m. Cocktails and Silent Auction  
7:00 p.m. Dinner

8:15 p.m. "Dial NHL for Murder"

Tickets: \$70 Charitable Business #119262145  
RR0001

(charitable receipt available)

There are many ways to help. Please support Waupoos by choosing any of the following online at [www.waupooos.com](http://www.waupooos.com) :

Purchasing a [ticket](#) to the Murder Mystery and Silent Auction Night; Being a [sponsor](#) with an advertisement in our program; [Donating](#) to the Silent Auction; Circulating the [event poster](#) to your community, family and friends; Circulating the [event package](#) to others (including sponsorship information) to businesses and potential attendees.

For more information, please contact Zdena Harder at:  
[zeeharder@rogers.com](mailto:zeeharder@rogers.com).



## Waupoos Farm Open House

You are invited to come to Waupoos Family Farm on **May 19 at 1:00 p.m.** Come see the farm and spend time with Allison Brooks, Amanda and Grace, our host family for the weekend. We will be having afternoon activities, a community Mass at 4:30 followed by a potluck dinner. Everyone is welcome. Hope to see you there!

For more info, visit [www.waupooos.com](http://www.waupooos.com)

*Chris and Zdena Harder*

## From the Kitchen Garbage and Recycling

The City of Ottawa is facing what might be described as a garbage crisis. The city has encouraged citizens and businesses to recycle; however this has had limited success. This autumn, garbage collection will be every second week; however, the city has also started a program to reduce waste from large garbage producers by forcing them to use bins. Smaller producers are required to use yellow garbage bags, for which they must pay almost \$4.00 per bag.

St. Paul's is affected by the yellow bag policy. Because of the functions we have and groups we support, we often put out a great deal of garbage. The city had initially informed us that we would have to go on the yellow bag program, which would have cost the parish at least an additional \$600 a year. However, the city has relented and agreed that we could put out three normal garbage bags each week. Any additional garbage bags would have to be in yellow bags.

So what does that mean for us? Those of us who coordinate events or use the kitchen will have to be more conscientious about what goes in the garbage. Greater use of the recycling bins must be made. Working together, we can avoid generating excess garbage and do our part for St. Paul's and the environment.

*Mathias Joost*

# Why God Made Moms

## 2nd graders answer questions about the women in their lives

### Why did God make mothers?

1. She's the only one who knows where the scotch tape is.
2. Mostly to clean the house.
3. To help us out of there when we were getting born.

### How did God make mothers?

1. He used dirt, just like for the rest of us.
2. Magic plus super powers and a lot of stirring.
3. God made my mom just the same like he made me. He Just used bigger parts.

### What ingredients are mothers made of?

1. God makes mothers out of clouds and angel hair and everything nice in the world and one dab of mean.
2. They had to get their start from men's bones. Then they mostly use string, I think.

### Why did God give you your mother and not some other mom?

1. We're related.
2. God knew she likes me a lot more than other people's moms like me.

### What kind of little girl was your mom?

1. My mom has always been my mom and none of that other stuff.
2. I don't know because I wasn't there, but my guess would be pretty bossy.
3. They say she used to be nice.

### What did mom need to know about dad before she married him?

1. His last name.
2. She had to know his background. Like is he a crook? Does he get drunk on beer?
3. Does he make at least \$800 a year? Did he say NO to drugs and YES to chores?

### Who's the boss at your house?

1. Mom doesn't want to be boss, but she has to because dad's such a goof ball.
2. Mom. You can tell by room inspection. She sees the stuff under the bed.
3. I guess mom is, but only because she has a lot more to do than dad.

### What's the difference between moms and dads?

1. Moms work at work and work at home, and dads just go to work at work.
2. Moms know how to talk to teachers without scaring them.
3. Dads are taller and stronger, but moms have all the real power 'cause that's who you got to ask if you want to sleep over at your friend's.
4. Moms have magic, they make you feel better without medicine.

### What does your mom do in her spare time?

1. Mothers don't do spare time.
2. To hear her tell it, she pays bills all day long.

### Why did your mom marry your dad?

1. My dad makes the best spaghetti in the world. And my mom eats a lot.
2. She got too old to do anything else with him.
3. My grandma says that mom didn't have her thinking cap on.

### What would it take to make your mom perfect?

1. On the inside she's already perfect. Outside, I think some kind of plastic surgery.
2. Diet. You know, her hair. I'd diet, maybe blue.

### If you could change one thing about your mom, what would it be?

1. She has this weird thing about me keeping my room clean. I'd get rid of that.
2. I'd make my mom smarter. Then she would know it was my sister who did it and not me.
3. I would like for her to get rid of those invisible eyes on her back of her head.

*Happy Mother's Day!*

<http://www.beliefnet.com/Inspiration/2005/05/Why-God-Made-Moms.aspx>

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**613.580.2752**



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 **Dianne's Aquafit**

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