

CORNERSTONE

March, 2012

20 Young Road
Kanata, Ontario
K2L 1W1
613-836-1001
www.stpaulshk.org

St Paul's
ANGLICAN CHURCH



“A growing community called to know Jesus Christ and make him known in the world by our presence.”

Sunday Services

8:00 a.m. Sunday Morning – Holy Communion Said service

9:15 a.m. Sunday Morning – Traditional/Choral Holy Communion. Kids are invited to join the God Squad for children’s worship, crafts and games

11:00 a.m. Sunday Morning – Praise Music Holy Communion. Kids are invited to join the God Squad for children’s worship, crafts and games

Other Services

9:45 a.m Wednesday – Eucharist and Bible Study

2:00 p.m. Thursday – “Seniors’ Afternoon Out” Service and Social

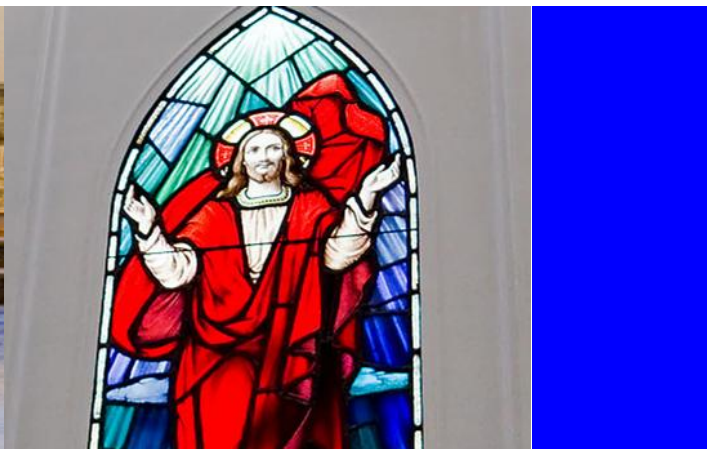
7:00 p.m. Friday – EPIC Youth Group

Inside this issue:

- Messages from Father John and Father Craig
 - **Lenten Lunch ‘n Learn**
 - Holy Week Services
 - PWRDF Update
 - Welcome Bags
 - Parish Council News
- ...and more!

April edition
deadline:
Tuesday, March 27, 2012

Please send submissions to:
cornerstone@stpaulshk.org



A Message from Father John

Vestry 2012

I want to take this opportunity and thank everyone who came out and participated in this year's vestry meeting in February. We had a good turnout, with much discussion and I believe that everyone was able to share their opinions and hopes for the parish. I believe that the highlight of the meeting was when had time to hear and share reasons that St. Paul's is a part of our life. I know that my family and I have been blessed by the people and ministry in this place.

We must keep our minds and efforts focused on serving God in this place in new and creative ways. Vestry helps us to focus on what is really important to our common life.

We have increased our estimated income from parishioners by 9%. This was a significant increase and we spent a good deal of time at vestry discussing why this was necessary. I ask each member of St. Paul's to look at their present givings and increase them if you are able.

I ask everyone to prayerfully consider leadership in your future. St. Paul's has a number of ministries that need people to work at and lead. We have been blessed with many faithful servants in this place, but we need more to meet the growing demands of our parish life.

In addition, Vestry approved a motion to join the Diocese in the G.I.F.T. (Growing in Faith Together) campaign. We have worked out an arrangement with the Diocese that is very beneficial to St. Paul's. I will have more details about this in the near future and I hope everyone can participate in this initiative.

I hope and pray that each one of you will have a blessed and productive Lent. May you grow in God and may his presence grow in you.

Peace, love, and laughter,

From the Desk of Father Craig

Observations of Lent

I invite you, therefore, in the name of the Lord, to observe a holy Lent by self-examination, penitence, prayer, fasting, almsgiving, and by reading and meditating on the word of God..

These words of invitation come from the Ash Wednesday liturgy. The liturgy starts us on a journey through the first three observations of Lent: self-examination, penitence and prayer.

Following the initial invitation, we say Psalm 51, in unison or responsively. This psalm gives one the opportunity for **self-examination**.

Have mercy on me, O God, according to your loving kindness ... I know my transgressions, and my sin is ever before me... you look for truth deep within me and you will make me understand wisdom...

The psalm is followed by the *Litany of Penitence*. In the litany, we confess to God, one another and the *whole communion of saints*. This isn't to cast a cloud over us, but to free us to more fully live out the relationships we have. It also reminds us of the breadth of those relationships and the communion we share.

The last of the three is **prayer**. Where to begin? In fact, there are many ways to begin. We pray together each Sunday. We pray in the quiet of our homes, sometimes with friends or family. Prayer is the furthering of the relationships that we committed to in the *Litany of Penitence*. Pray to God, and pray that you would be reconciled to God in the person of Jesus. The God we worship is the God of the living; we pray for and with all the

saints who have gone to their great glory, knowing as scripture says that their prayers are ever before God.



But what about those on this side of heaven? We need to pray nothing more or less than that they are introduced to this incarnate God, Jesus. Lorna has a hope that we would pray **1-1-1**. That is that each **one** of us would pray for **one** other person to come to know Jesus, and that we would make that prayer at **1 p.m** (or whenever it works). Maybe part of that prayer is that you find a means or opportunity to invite that one person to St. Paul's to share in the hope we have!

Why invite them to St. Paul's? Perhaps to come and pray for our Lenten water filtration project. Or, to see children sharing in the joy that we have. Or, to enjoy a coffee or tea together after the service. Or, because you have found a peace here that you don't have without being with others in prayer and thanksgiving. Or? The reasons are endless!

And let us personally take on the fasting and almsgiving observations of Lent as health and finances allow. Let us continue to read and meditate on the word of God. Let us keep close to God's Word and it will surely never leave us through the power of the Holy Spirit, the comforter!

In joy,
Fr. Craig

Lenten Journey in Community

Lunch 'n Learn Series at St. Paul's Anglican Church

by Father Craig

Kanata is a community rich in human resources. Among them is a diversity of churches, faiths and beliefs. All are invited to come together in faith on their own Lenten journey at a series of Lenten Lunch 'n Learn services to be held at St. Paul's Anglican Church, 20 Young Road, just north of Hazeldean Road.

Each address will be given by a different speaker, and is structured to address the main building-blocks of Lent. If your faith is strong - please come, share in the celebration. If your faith is only simmering - please come, and be strengthened in body and soul. If your Christian education is scarce - please come, and build it with others. If your faith is waning - please come and have it bolstered. If you merely have questions - come, and receive answers to affirm your own personal journey through Lent, so that Easter for us all can be Christ- and community-driven. We

hope that all who come feel welcomed and encouraged.

These Lenten lectures have proven very popular with Kanata residents, and are anticipated with joy each year. Lectures are scheduled for the four Wednesdays prior to Easter, and begin promptly at 11:30 am. Afterward, there is Christian fellowship along with a "Monk's Lunch" - home-made soup and bread. There is no charge, but a free-will offering is gladly accepted.

February 29, Self-Examination, Fr. Pierre Champoux, Holy Redeemer Church

March 7, Penitence, Pastor Bob Davies, Kanata Baptist Church

March 14, Prayer, Mark Stalter, St. Paul's

March 21, Fasting, Pastor Mike Miedema, KCCRC

March 29, Almsgiving, Fr. Bill Prentice, St. Paul's

Holy Week Services

PALM SUNDAY	April 1	8 a.m., 9:15 a.m. & 11 a.m.
Holy Monday	April 2	9 a.m. Morning Prayer, 10 a.m. Communion
Holy Tuesday	April 3	9 a.m. Morning Prayer, 10 a.m. Communion
Holy Wednesday	April 4	9 a.m. Morning Prayer, 10 a.m. Bible Study, 12 noon Communion, 12:30 p.m. Lenten Lunch
Maundy Thursday	April 5	9 a.m. Morning Prayer, 2 p.m. Communion with our Seniors Afternoon Out Program, all welcome, 7:30 p.m. Maundy Thursday Service, Stripping of the Altar
Maundy Thursday to Good Friday	April 5/6	9 p.m. to 9 a.m. Prayer Vigil, sign- up sheet will be available on Palm Sunday
GOOD FRIDAY	April 6	10 a.m. Service, 12 noon Kanata Walk of the Cross
EASTER SUNDAY	April 8	SUNRISE SERVICE (time to be announced), 8 a.m., 9:15 a.m. & 11 a.m.

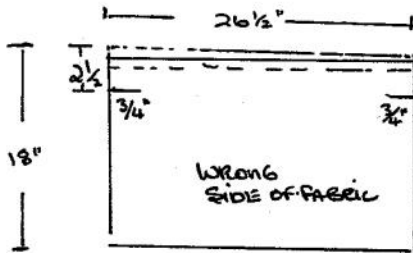
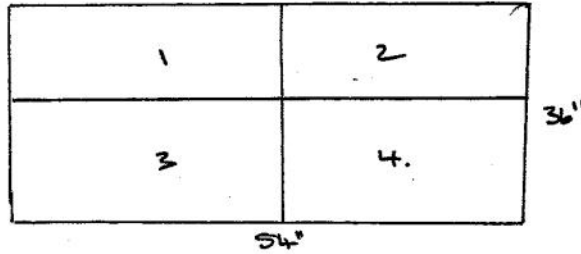
Please note the Church office will be closed on Good Friday and Easter Monday.

Welcome Bags

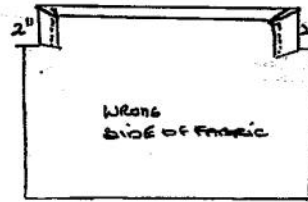
Do you like to sew? Are looking for a project? Do you have pieces of polyester fabric and not know what to with them? We are looking for people to make welcome bags for Cornerstone/Lapellier. A piece of fabric 54 by 36 inches will make 4 bags. We are hoping to have 100 made by Palm Sunday. For bag patterns or more information, please contact Philippa Wilson or Joyce Prentice. (613-592-4426)

PATTERN FOR WELCOME BAG.

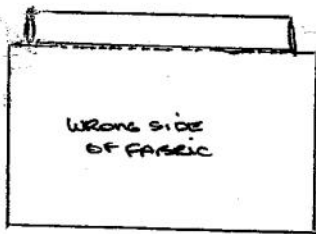
You CAN MAKE 4 BAGS OUT OF 1 YARD OF 54" FABRIC



ON EACH SIDE
MAKE A CUT
3/4 in 2 1/2" FROM
THE TOP.
TURN THE TOP
OVER 1/4" press
and turn again
1/4" AN SEAM ACROSS.



TURN IN FLAP
ON BOTH SID
TWICE AND
SEAM DOWN
ON TURNED
EDGE.

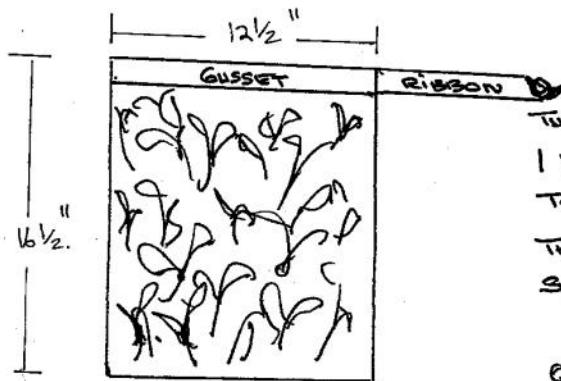


TURN TOP
OVER 1" TO
MAKE POCKET.
FOR THE
RIBBON
SEAM ACROSS.



FOLD OVER
1/2 IN HALF.
AND SEAM
LOWER EDGE
1/2" up from
bottom.
SIDE SEAM
3/4" in; CUT.
EXCESS TO 1/2"
AND ZIGZAG
BOTH SIDES
TO FINISH

(3 YD SPOOLS OF 3/4" RIBBON IS \$1.13 AT THE DOLLAR STORE)



TURN INSIDE OUT, POKE OUT BOTTOM CORNERS.
1 YD OF RIBBON IS NEEDED
TO PUT THROUGH THE GUSSET.
THREAD THROUGH USING A
SAFETY PIN, TIE A KNOT IN THE END.

QUESTIONS? SHEILA EVANS 613-829-9139

Parish Council News

Highlights of the February 21, 2012 Parish Council Meeting

by Francis Christensen

The first meeting and orientation for the new Parish Council, as determined at Vestry on February 12, took place on Tuesday, February 21. Parish Council for 2012 will be organized as follows:

<u>Parish Council Operations</u>		<u>Parish Council Program</u>	
<u>Ministry</u>	<u>Name</u>	<u>Ministry</u>	<u>Name</u>
Rector's Warden	Mathias Joost - Chair	Peoples' Warden	Anne Baker - Chair
Deputy Rector's Warden	To Be Announced	Deputy Peoples' Warden	Tom MacPherson
Building & Site Operations	Steven Shames	Worship & Liturgy	Shirley Christensen
Treasurer	Mark Stalter	Evangelism & Hospitality + Lay Member to Synod	Heather Colls
Finance	Warden – to be announced	Christian Education	Zdena Harder
8:00 am Service Rep	Richard Bradley	Pastoral Care + Alternate Lay Member to Synod	Lynn Williams
11:00 am Service Rep	Gordon Anthony	Outreach	Bill Ranger
Communications	Colin McKenzie	Youth	Amy Bridges
Lay Member to Synod	Linda Keech	Communications	Danielle McKenzie
Lay Member to Synod	Tom Baker	9:15 am Service Rep	Wayne Keech
Lay Member to Synod	Warden – to be announced	Lay Member to Synod	Lauren McCabe
		Alternate Lay Member to Synod	Vera Near
Clergy	Fr. John Bridges	Clergy	Fr. Craig Bowers
Overall Parish Council Chair		Francis Christensen	

To departing members from Parish Council 2010 (Paul Ledas, Alison Stortz, Ken Miller, Michael Sorfleet, Minx Mulhall, Marsha Fisher, Jean Ripley, Clyde Crane, Leslie Littlefield), we offer our heartfelt thanks for your leadership and commitment and for a job well done.

And to our new and returning members of Parish Council for 2012, thank you for agreeing to exercise your leadership in guiding St. Paul's on its continuing journey in ministry.

Upcoming Events at Bethesda Renewal Centre

Maple Syrup Production

From about **March 9 to mid April (weather dependent)** we will be harvesting maple syrup. Come and experience tapping trees, collecting sap, boiling, and tasting maple syrup made over a wood-fired evaporator.

Outdoor Work Day / Wood Splitting

Saturday, May 12, 8:30 a.m. to noon (followed by lunch from noon to 1 p.m.)

We need your help to gather, split and stack firewood for next year's maple syrup operation and for the fireplace in the retreat centre and woodstove in the prayer cabin. Wood has to be put away over a year in advance to dry and season. There is also work to do preparing the gardens and clearing /burning brush from the trails. We will work for 3 and a half hours, and then enjoy fellowshiping together over lunch that will be provided.

Submitted by Lorna Brule, from Bethesda's blog on January 26, 2012. By [Rob Milnes, Bethesda](#)



Photo by Grant Cochrane

Grocery Certificate Program

It's a win-win situation!

When you participate in the Grocery Certificate Program, you get to spend every cent of your money on groceries, and the store gives a percentage of the money spent to St. Paul's. Participating stores include: Farm Boy (5.5%), Bulk Barn (5%), Food Basics/METRO (4%), Loblaws (4%), Superstore (4%), and Independent (4%). Starting September 25, 2011, we will have \$20, \$50, and \$100 Sobey's certificates for sale.

Smart Card technology allows you to purchase a card, say for \$100. You get the full \$100 to spend at that store. Each time you shop, the amount of your purchase is deducted, leaving the remaining balance on the card for the next time.

We are now able to process debit cards! No need to worry about carrying cash or forgetting your chequebook.

Will you join us in raising money for St. Paul's by NOT giving your money? For more information, come and see us at the table in the hall: Larry @ 8, Jean @ 9:15, and Darell @ 11.

You can give \$\$
to St. Paul's
without giving
any \$\$!

It's true.

How? Get your
grocery store to
give \$\$ for you!



Lenten Quiet Day

The Church of St. Barnabas A & M will be hosting a Quiet Day on **Saturday, March 17** with Sister Elizabeth Ann SSJD.

The theme of the day is *Living Prayer in Daily Life*. Through a series of short talks, each talk followed by a time of silence to allow reflection, we will explore the theme.

Please bring a bag lunch. Soup and refreshments will be provided. This a free event but donations are welcome to help with the costs of the event.

For more information, or to add your name to the list to help with food planning, please email Fr. Murray at parishoffice@primus.ca.

LENTEN QUIET DAY

Saturday, March 17, 2012

Living Prayer in Daily Life
with Sr. Elizabeth Anne SSJD

Agenda

9:00am Morning Prayer
9:30am Mass
10:15am First Address
Silence
11:30am Second Address
Silence
12:30pm Lunch
1:30pm Third Address
Silence
2:30pm Group Reflections
3:00pm Evening Prayer

St. Barnabas
70 James St.
Ottawa, ON
613-232-6992

Folk Dance 4 Fun

Put your best foot forward in 2012! Come out and join the growing group of dancers at St. Paul's on **Thursday mornings from 10 to 11:30 a.m.**

If you know your left foot from your right, are prepared to relax and have a laugh, you are welcome to join us! All dances have been adapted to easy walking steps and are "walked through" by a very patient teacher (Nigel).

This year marks the Bicentennial Anniversary of the War of 1812. Nigel is working with Spencerville, Ogdensburg, Gananoque, and Chesterville communities, teaching Regency Dances in preparation for their Regency Dress Balls. They are busy organizing special dressmaking classes to make their own outfits in time for celebrations throughout the year, culminating in a Grand Ball in Kingston. Some of these dances will be introduced into the Thursday morning classes, so you too can be ready for the Ball!

2012 Schedule

April 10 to May 24

September 6 to November 29

A donation of \$2 per class to support St. Jude's Iqualuit Rebuilding Fund would be appreciated.

For more information, please contact Nigel Kilby at 613-836-2233.

Please also check out the Ontario web site for War of 1812 Bicentennial celebrations at various locations along the Seaway Valley at www.discover1812.com.

PWRDF News - PWRDF in Mexico - Stories of Hope!

Once a month or once a year, you may put some money into an envelope for PWRDF. That money builds bridges between Anglicans in the pews to individuals in communities throughout the world; often, literally, making a difference between death and life, between despair and hope.

Many Canadians visit Mexico for winter breaks. What many parishioners might not know is that PWRDF is active in Mexico - stories of human rights, crime, femicide, poverty. These stories could create despair how can we help in a world so broken, but read on... there are stories of "esperanza", in English, hope. During February, PWRDF staff, Jose Zarate and Simon Chambers were in Mexico visiting PWRDF partners. **Here are some excerpts from Simon's blogs:**

Esperanza – Hope, January 26, 2012 by Simon Chambers www.pwrdf.org

Yesterday I flew from Toronto to El Paso, Texas with Jose Zarate, PWRDF's Canadian Indigenous Communities and Latin America-Caribbean Development Program Coordinator (yes, Jose does have the longest job title in the organization, if not in the world!) After some flight delays, we arrived at our hotel to be greeted by Padre Gollo, a Catholic priest who works with the Paso del Norte Human Rights Centre in Ciudad Juarez. For those of you who don't know, El Paso and Ciudad Juarez (Juarez City) are basically the same city. The US/Mexican border just runs through the middle of the combined metropolis. Juarez also has the dubious honor of being one of the most dangerous cities in the world due to incredibly high levels of violence, murder, assassination, and torture. **According to Padre Oscar, the founder and head of the Centre, over 2600 people have been murdered in Juarez since 2008.**

Now back to the regularly scheduled blog entry. Padre Gollo drove Jose and I over the bridge from the US to Mexico, passing run down buildings on both sides of the border. He told us about the economic woes of El Paso and of the protection rackets in Juarez that have driven small business owners to close up shop.

We arrived at the parish of Jesus Obrero shortly after 4:30, and were led straight into the church, just in time for a mass to celebrate the 10th anniversary of the Centre. As we were introduced to the various priests and staff from the Centre who would be participating in the service, I looked down the centre aisle of the church. It was lined with sawdust and had pieces of paper with years written on them (starting with 2002), candles, pottery, and other symbols of the work of the Centre. Each of the groups who were participating in the service carried a symbol of its own, which was added to the timeline at the year where they started working with the Centre. Our (PWRDF) symbol was a globe, to represent international solidarity, which we placed in the year 2006.



The service itself focused on the Road to Emmaus reading, recalling Jesus' accompaniment of the disciples who were hurt and confused after their friend and teacher had been killed by the Roman government. The passage represents the work of the Centre very well! Instead of a traditional sermon, each of the groups got up and explained their symbol (a task which Jose took on for us, as I don't speak any Spanish. He spoke very well of our work and our solidarity with the people of Juarez.)

After the groups had had a chance to speak, Padre Oscar invited the families who have been helped by the Centre to speak. For me, this was the most powerful part of the service. I didn't need to be able to understand what the people were saying to feel their pain, and to know how the Centre had helped them. One of my few words of Spanish is "gracias", and I heard that from every family who spoke. They are all so thankful for the work of the Centre. This mass could easily have been one about pain and frustration, but it wasn't. Instead, it was about a new Spanish word for me: **esperanza- hope. Each of the families who was there was a symbol of hope, of the determination to make Mexico a place of safety, dignity, respect, and love.** The Paso del Norte Human Rights Centre stands as a beacon to that hope for the community in Juarez, and it was a privilege to stand with them yesterday at their anniversary service.... Throughout the trip, I will keep the Centre's message of esperanza, of hope, close to my heart.

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Honouring Marisela January 28, 2012 By Simon Chambers www.pwrdf.org

Yesterday, Jose and I had the honour of visiting the site of the assassination of Marisela Escobedo. If you don't know about this murder in Chihuahua City, you can read about it [here](#). This case is one that I spent a lot of time writing about and even more time thinking about at the end of 2010. Marisela was looking for justice after her daughter Rubi had been murdered and her murderer set free even after admitting to the crime. She chose to stay outside the Governor's Palace in Chihuahua City until justice was served. The park across the street from the palace is one where the Women's Human Rights Centre, a PWRDF partner, has erected a monument to slain women- victims of femicide.

The Centre has continued to push for justice for Rubi and now for Marisela as well since her murder on the sidewalk outside the Palace. Jose and I took flowers to the site yesterday, and it was a powerful experience. Not only was I able to pay my respects to this brave woman, I was also able to see the monument first hand. This monument is one I have been hearing about since I started working at PWRDF, and I've seen many pictures of it from PWRDF's delegation to Mexico in 2007. Pictures don't do it justice. For starters, it's huge. It's easily 10 feet tall. The nails on it- which represented, at the time, all of the victims of femicide in Chihuahua- are actually railroad spikes. The art pieces built into it are grotesque and haunting in a way that sticks with you. They're designed to make you uncomfortable, and they work! Next to the monument are three more crosses. One that represents 13 people massacred in Creel, one for a lawyer who was killed for working on human rights, and a third cross that I didn't hear the story of.



I think, for me, the most powerful part of this monument was watching a mother explain it to her daughter as they walked past. They stopped, and the mother pointed out several aspects of the monument to her daughter before they walked on. A few minutes later, I saw the little girl back with a friend, pointing out what struck her about it. Clearly, the monument is having an effect and raising awareness in Chihuahua City.

I dedicate this blog entry to the memory of Marisela Escobedo Ortiz, and pray that her sacrifice will not be in vain, and that those fighting for human rights in Mexico will be victorious, so that all who live here can do so in peace, with respect and dignity.

Women of Wisdom and Conviction February 4, 2012 By Simon Chambers www.pwrdf.org

Today Jose and I visited the Indigenous Women's House (CAMI) in Chalchihuitan. We had the distinct pleasure to meet at CAMI a group of ten midwives who work tirelessly to promote the rights and reproductive health of indigenous women living in the 27 communities that make up Chalchihuitan.

The women, members of the Tzotzil indigenous people, welcomed us to CAMI in a moving ceremony which was part welcome for us, part inauguration of their newly renovated House. As we gathered, the women set out cups with flowers and branches in them. In front of each cup of flowers was placed a candle: red, purple, yellow, and a darker purple. In front of these was a smaller votive candle and in front of that a white candle. The colours of the flowers echoed the colours of the candles. It was explained to us that the two purple candles represented wisdom and love. They yellow was for the sun, red for fire, the votive represented water, and the white candle represented the sky. Around the base of the candles were flower petals which represented the ground. Each of us was then invited to take a candle as a stack of them was passed around. Then the candles on the ground were lit. Each of us was invited to step forward in turn and explain why we had chosen the colour of candle that we had in our hands, to light it, and to add it to the collection of candles standing on the floor.

As each person spoke of the colours they had chosen: blue as the spirit of happiness for our meeting today; yellow in gratitude for the sun's warmth; purple to honor the wisdom of the group, it became more and more clear that these women were blessed with wisdom, serenity, and passion for their work.

Continued on page 11

Merit, Kinal Antzetik (PWRDF's partner in the region) staff for Chiapas, was the last to light her candle. She closed our circle by honouring Mother Earth and our ancestors. It was a fitting end to a wonderful ceremony.

I won't tell the stories that the midwives shared here now- those stories will be written when I'm back in Toronto over the next few months. But I did want to share with you the faces of these wonderful women. **Women of wisdom and conviction. Women who are making a difference in their work, their presence, their very lives.** The midwives of Calchihuitan. <http://pwrdf.org/2012/women-of-wisdom-and-conviction/>



Submitted by Philippa Wilson

News from the Kitchen

St. Paul's kitchen is one of our greatest assets. It allows us to run events like the Robbie Burns supper, the Pancake supper, the chili supper and offer hot lunches at the Christmas Bazaar. It has attracted outside rentals, resulting in revenue to the parish. It is my job to look after it, keep it in working order, and equip it to support those activities. Thank you to all those who help me by keeping the kitchen clean and tidy, and letting me know when things need to be fixed or replaced.

At this time we are looking for **small coloured plastic glasses** – the ones often used for juice on Sunday mornings. When we did an inventory in December, there were 39; now we can only find 7. Does anyone know where they are? We need them!

The **black electric kettle** has also disappeared. Again, if you know where it went, please let me know. If you believe a kettle is leaking, or any other piece of equipment seems damaged or broken, please tell me about it. When we buy new equipment, we always keep track of the purchase date, and length of warranty. If the item is still under warranty, we will be able to get it repaired or replaced at little or no cost to the parish.

A note on the electric kettles. They all have a viewing glass that shows the water level. It is **VERY** important that they not be over-filled, because when the water boils it will spill over, possibly giving the appearance of a leak, and risking scalding an unwary person.

If you know where the juice glasses and black kettle went, please let me know. If they have truly disappeared, I will so advise parish council. Sadly, our current financial state will not allow us to replace them.

If something is broken or damaged, or you have questions or suggestions, please give me a call (613-226-6813) or e-mail me at: heather.colls@rogers.com.

Heather Colls, Kitchen Convener



An Irish Story for Lent

An Irishman moves into a tiny hamlet in County Kerry, walks into the pub and promptly orders three beers.

The bartender raises his eyebrows, but serves the man three beers, which he drinks quietly at a table, alone.

An hour later, the man has finished the three beers and orders three more. This happens yet again.

The next evening the man again orders and drinks three beers at a time, several times. Soon the entire town is whispering about the Man Who Orders Three Beers.

Finally, a week later, the bartender broaches the subject on behalf of the town. “I don’t mean to pry, but folks around here are wondering why you always order three beers.”

“Tis odd, isn’t it?” the man replies, “You see, I have two brothers, and one went to America, and the other to Australia. We promised each other that we would always order an extra two beers whenever we drank as a way of keeping up the family bond.”

The bartender and soon the whole town was pleased with this answer, and soon the Man Who Orders Three Beers became a local celebrity and source of pride to the hamlet, even to the extent that out-of-

towners would come to watch him drink.

Then, one day, the man comes in and orders only two beers. The bartender pours them with a heavy heart. This continues for the rest of the evening – he orders only two beers. The word flies around town. Prayers are offered for the soul of one of the brothers.

The next day, the bartender says to the man, “Folks around here, me first of all, want to offer condolences to you for the death of your brother. You know – the two beers and all...”

The man ponders this for a moment, then replies, “You’ll be happy to hear that my two brothers are alive and well... It’s just that I, myself, have decided to give up drinking for Lent.”

March 1, 2007 by Father Joe

<http://fatherjoe.wordpress.com/2007/03/01/an-irish-story-foe-lent/>



GIGO

Most readers will be aware of "computerese" language that has developed in relation to computers, email and the web. Words, or letters rather, with specific meanings such as: HTML, FTP, PDF, CSS, LOL, RSS, GIGO, etc. GIGO stands for "garbage in garbage out." That is, if we put garbage (nonsensical information) into our computer we will get nonsensical information out of it. It's the same with life.

For instance, you may have read the story about the mother who was cleaning and slicing vegetables for a salad when her daughter came into the kitchen to ask permission to go to a movie – one with sufficient rating to indicate that it had "adult" language and other material offensive to Christians.

"All the kids are going," she said, "and their parents don't think it will hurt them."

As she talked, she saw her mother pick up a handful of the scraps and throw them into the salad. Rather startled, she shouted, "Mother, you're putting the garbage into the salad!"

"I know," her mother replied, "but I thought if you didn't mind garbage in your heart and in your mind, that you wouldn't care about a little in your stomach."

Thoughtfully, the girl picked the peelings from the salad and then smiled at her mother. "I guess I'll just tell them I'm staying at home tonight," she said as she went through the kitchen door.¹

The world we live in is plagued by evil and moral filth. As Christians a vital part of living a happy, meaningful and fulfilling life is, as God's Word instructs us: "If you want a happy life and good days, keep your tongue from speaking evil, and keep your lips from telling lies. Turn away from evil and do good. Work hard at living in peace with others." Peter 3:10-11 (NLT)

Submitted by David Stortz

¹Chuck Webster, "Protecting Our Minds," The Words of Truth, Vol. 42, No. 4, April 2005, Ted Burleson, editor.

Daily Encounter by Richard (Dick) Innes (c) 2012, ACTS International.



Do you have something you would like to, sell, trade, or give away?

There may be someone in our parish looking for that very thing!

St. Paul's Agora

You are invited to place your advertisements in this section of the Cornerstone, free of charge. This is an opportunity for us all to come together to meet each others' needs. Kind of like a parish garage sale, without the rain! Simply send your ad to: cornerstone@stpaulshk.org

Please, no business advertisements, or offers of professional services. If you would like to purchase a space for your business card in the Cornerstone, please send an email to: cornerstone@stpaulshk.org. St. Paul's Church is not responsible for transactions conducted through this section.

FOR SALE

Two standard size crib mattresses (approx. 51-5/8" x 27-1/4", 5-6" depth). Asking \$40 for each of them. Both are in great condition, hardly used. Please contact Mark or Nichole at 613-839-6528 or mnp1@bell.net.

LOOKING TO BUY


A basinette/Moses basket.
Please contact Mark or Nichole at 613-839-6528 or mnp1@bell.net.

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Pinwheel crystal flower vase and fruit bowl, together or separately. Asking \$35 each or best offer.


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Do you have something you would like to sell, trade, or give away?

See Page 13 for this month's advertisements!

St. Paul's Agora 