

CORNERSTONE

January, 2016

20 Young Road
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www.stpaulshk.org

St Paul's
ANGLICAN CHURCH



“A growing community called to know Jesus Christ and make him known in the world by our presence.”

Sunday Services

8:00 a.m. – Holy Communion Said service

9:15 a.m. – Traditional/Choral Holy Communion. Kids are invited to join the God Squad for children’s worship, crafts and games. Nursery care also available.

11:00 a.m. – Praise Music Holy Communion. Kids are invited to join the God Squad for children’s worship, crafts and games. Nursery care also available.

Other Services

10:00 a.m Wednesday – Bible Study and Eucharist

2:00 p.m. Thursday – “Seniors’ Afternoon Out” Service and Social

Inside this issue:

- **Messages from Father John and Father Craig**
 - **God Squad Superhero party**
 - **Notes from Ecuador**
 - **Nicaragua mission trip**
- ...and more!**

February edition deadline:
Tuesday, February 2, 2016

Please send submissions to:
cornerstone@stpaulshk.org



A message from Father John Change, and the place of the Church

Recently I was engaged in a conversation with a couple of people who were lamenting the changes that have happened to the Church in recent years. It is true that we are in a period of turmoil, as the Church becomes something new. I also think that, throughout the years, the church has managed to adapt and change to become more effective in the age it lives in.

To some degree, St. Paul's doesn't feel the effects of decline that many congregations are feeling. We are blessed to be in a community that is still growing. It is true that our place and influence in society has diminished because of a growing secularization within our culture. It is important to remember that the Christian Gospel remains a gift from God, even when we are in a minority situation. Our message of Hope and Love continues to be a source of blessing to the world.

The Church and the Gospel are as relevant today as



From the desk of Father Craig What gifts can we bring?

St. Gregory Nazianzen (d. 389) preached, "Let us remain in adoration, and to Him, who in order to save us, humbled Himself to such a degree of poverty as to receive our body, let us offer not only incense, gold and myrrh..., but also spiritual gifts, more sublime than those which can be seen with the eyes." (Oration 19)

In the season of Epiphany, after the glow of Christmas has passed, we are still called to faithfully "remain in adoration." And who is it that we adore? A God who takes on our flesh and blood. In the Gospel of Matthew, we are challenged to look deeply at how God "humbled himself." He truly received a body like ours.

Most of us never have to experience the reading of

they were in the first century. We must be willing to embrace new and creative ways of proclaiming The Good News in a period of transition. None of us knows what the future will bring, but we can be certain that God will use His Church to speak to new generations.

As we begin a new year at St. Paul's, may we continue to proclaim our belief that God is calling us into a future that will open our eyes and hearts to His will for us and the world.

May God bless you and your families this year. I pray that God will show us new and effective ways to proclaim His presence to our community.

Peace,

Matthew 1:1-17 in church. They left it out of the lectionary.

Matthew 1:1-17 is the long genealogy that leads to the birth of Jesus. Some of the names are difficult to pronounce and there are many of them! Why do I mention something that isn't even read in church?

Because they are real names of real people! And so Jesus stands firmly as a real person in a real place at a real point in human history! How amazing is that!

And so the Magi come to this holy child, bringing gifts fit for a king and God, the true king of the Jews. A very different king than Herod. And not just a god for a singular people, but the God of all the nations!

(Continued on page 3)

(Continued from page 2)

We give thanks for the Magi, because of what their gifts represent, and also because of what they themselves represent. In the persons of the Magi, Matthew was anticipating the gentile Christians of his own community. The Magi represent hope for gentiles and the glory of the people Israel. *(theologian Raymond Brown)*

So, when we see the children in Christmas pageants wearing bathrobes and carrying shiny wrapped gifts of frankincense, gold and myrrh, they are doing what Matthew did – seeing these ancient characters in light of the faithful people around us. *(Rev. Dr. Thomas Long)*

May the story of the Magi be a window into the whole of Matthew's story: a story that begins with gentiles coming to worship the holy child, and concludes with the resurrected Jesus sending his disciples out to all nations, the gentiles.

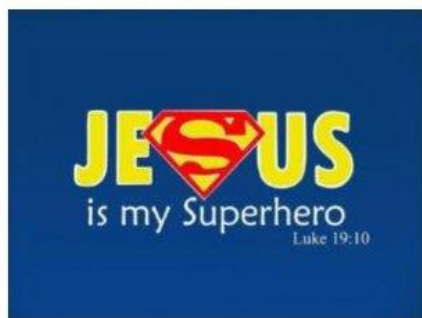
We, like Mary, are called to ponder all these things in our hearts, and then come to Him, by whatever route, and with whatever gifts we can bring: ourselves, our souls and bodies, and especially our hearts!

In Christ,
Fr. Craig



God Squad news

Superhero party, February 28, 2016



Who is Yours?

**Find out at God Squad's Superhero Party
Sunday February 28 at 9:15 and 11 am.**

In Rutter Hall on the main floor.

Ages 4 to 12 years

Notes from Ecuador ...

by Melissa Hornby

A note from Pat Hornby: My daughter, Melissa Hornby, is with the “Trent University in Ecuador” program, completing her third year abroad. She has now finished her first semester at the University in Quito. Melissa is getting ready to travel outside the capital city and participate in a co-op placement from January to May, 2016. She has kept some journal entries, and Father Craig asked if we could post some of her comments in *Cornerstone*. I have included some comments from some of Melissa’s journal entries posted this fall.

It’s August 29, and I’m here in Quito, Ecuador... not feeling the effects from altitude so far! The language barrier is a lot tougher than I thought it would be, just because I have so much to say! A few weeks have gone by; busy with school and enjoying weekend excursions. I visited Otavalo, which is a city that has the largest outdoor market in South America. Many of the Ecuadorians who sell at this market are indigenous people who depend on this market to make a living. It’s common that if you own a stand in the market, it’s been in your family for generations, and when you go to sell at market your family comes, too.

There have been many forest fires in Quito. We are transitioning from dry to wet season. Earlier this fall, there were many fires close to my university and after leaving class one day the sky was all orange. The good news is the rain moved in and the fires slowed down considerably. There are so many national parks in Quito; it’s so cool how you can escape the hustle and bustle of this big city (2.2 million).

Overall, I’m really enjoying my experience abroad. I’ve had a few bumps in the road. I’ve recovered from an intestinal infection and I’ve changed host families. I have weathered these rough patches and look forward to more positive experiences.

Wow, it’s November 2. My home situation is so much better. My new host Mom calls me her “corazon” or “hija” which means “my heart,” and “my daughter.” She has made me feel so unbelievably welcome and I’m so grateful for that! My Spanish has also improved a lot in the last month.

On Canadian Thanksgiving, the Trent group and our

host families came together for a BIG meal. Our group was in charge of preparing the meal. I was on the pumpkin pie making squad (a challenge as pumpkins are hard to find in Ecuador!).

School is busy, but my classes are interesting. We went on an amazing week-long field trip to the Amazon. The Amazonian region is completely different from the Sierra region. The Amazon is always hot and humid and the wildlife and vegetation are completely different from Quito area. The Amazon is home to most of Ecuador’s indigenous populations. We visited very small communities and got to meet and engage with indigenous community members. One day we went to a community where they practised subsistence agriculture; however, they don’t cultivate their crops in the way that you’d assume. They practise a farming technique known as the Chakra System. In summary, this agricultural practice works with the natural environment. Instead of cutting down trees, plowing, and planting rows and rows of seeds, in the Chakra system the farmers have acres and acres of land and just let things grow naturally. It’s kind of hard to explain this system without seeing how it functions with your own eyes! But, for example, there would be yucca (delicious Ecuadorian veggie) growing on one part of the hill and amidst all the yucca plants there would be sugar cane growing in abundance. I guess the best way to explain it is that the Chakra system promotes agriculture within nature, without disrupting the environment and without the use of chemicals and machinery. As well, we learned about many medicinal plants that this community grows. They are far from any pharmacy, so when they are suffering from a sickness, they rely on medicinal plants. I think it is very cool that there is an alternative to western medicine that doesn’t involve the use of chemicals, yet still cures you! As well, I’m very interested in the knowledge loss about topics like natural medicine among indigenous people because much of their knowledge is not written down, rather it is carried on through word of mouth. I am looking forward to my family coming to Ecuador to visit me during Christmas Break.

To everyone back home, Merry Christmas and all the very best for 2016!

Calling all curlers

The season isn't over yet

If you like a bit of exercise, friendly competition, and chatting over a beverage, then St. Paul's curling group is for you!

We curl on Saturday evenings, starting at 7 p.m. at Nepean Sportsplex. After we finish curling, we adjourn to a local pub for some après-curl refreshments.

Our upcoming curling dates have changed, so here is the new schedule:

January 16 and 23

February 13 and 27

March 5

If you are interested or have any questions, please contact Dave Dobson (dabdobson@gmail.com).

Hope to see you on the ice!

Dave

Easter Sunday Breakfast

New coordinator needed!

It has been our custom for many years now to serve breakfast at church after the Sunrise service on Easter Sunday.

We would like to continue that custom this year, but we have a problem. Heather Colls, who has lead the team for the last number of years will be away this year, and we need someone to step forward to assume the leader's role this year. Heather will, of course, provide all the help that she can in the way of menu, quantities, and timing.

So, if you feel called to this activity, please talk to Heather at church, call her at 613-509-1304, or e-mail her at heather.colls@ncf.ca.



Worship Team

New singers wanted!

The Worship and Praise Team is looking for people interested in joining our team!

Has God given you a heart for worship through music?

Has He gifted you with a good singing voice? Do you play an instrument?

If you feel that God may be calling you into the music ministry, please speak to Father John or Maureen Anderson (862-6816).



Vestry reports due Jan 17

Vestry meeting February 7

A reminder to all Ministry leaders: Vestry reports are due in the church office by **January 17**. They can be emailed to Lorna at parishadmin@stpaulshk.org.

If you are not sure what should be included in a Vestry report, you can take a look at last year's on St. Paul's website: <http://www.stpaulshk.org/images/vestry/vestry2015.pdf>

Cursillo upcoming events

Hope to see you there!

WELCOME BACK, Sunday, **January 17**, 2016 at 3:00 p.m. at Julian of Norwich (formerly St. Richard's), 8 Withrow Ave (at the corner of Withrow and Merivale).

WORKSHOP, Saturday, **April 16**, 2016, at St. Stephen's, 930 Watson St.

Ultreya!



Nicaragua trip planning continues!

HOLA, NICARAGUA!

The 7-month countdown has begun:

- Deposit - Check
- Passport - Check
- Registration - processing
- Needles - not yet
- Flights - processing
- Etc. - yep lots to do!

Joining with St. Thomas' Stittsville has given us enough volunteers for our July 21 - July 30, 2016 mission trip with SchoolBOX. St. Thomas' has visited three times, so going with a gang from there will make our trip much easier.

Mark your calendars: Fundraising with St. Thomas begins on January 23 with a TRIVIA night at The Glen restaurant. Tickets will be available soon!

If you haven't seen the SchoolBOX article that was published in *CrossTalk*, it has been posted on the bulletin board in Rutter Hall. I encourage you to read it, and also to visit the SchoolBOX.ca web site for more information.

Lorna Brule



Photo of volunteers in Nicaragua from the SchoolBOX website: <http://schoolbox.ca/september-2015-volunteer-in-nicaragua/>

Message from a mission trip team member

I feel very privileged to be a part of the Team going to Nicaragua next July 2016 to help build a school for the children. I have heard from others that have been before that it is quite an experience.

I am looking forward to spending some time with the children and people from the village, also to using my hands for God's work that is so greatly needed.

As I answer Gods call with "Here I am, Lord!," I would like each one of you know that as we go forth with His work it will be as the whole family of St. Paul's!

God's Blessing!
Janet Tonks

"I am humbly reminded of the thousands of people who have made the SchoolBOX dream possible. By working together, we have done far more for the kids than we could have ever imagined."

-Tom Affleck, Founder

SchoolBOX
MAKING EDUCATION POSSIBLE

Just for fun



Cartoon by Cuyler Black

St. Paul's Agora

Do you have something you would like to sell, trade, or give away?

There may be someone in our parish looking for that very thing!

Simply send your ad to: cornerstone@stpaulshk.org

CORNERSTONE January, 2016

Items for Sale

Luggage (good condition):

2 Black, 13" x 20"

2 Black, 16" x 24"

TV stand, black, 15" x 24"

Coffee Table, walnut, 40" x 18"

Bathroom Mirror, 24" x 38"

Lap-top Computer Table and Chair on wheels, suitable for lady or teenager.

Footbath

For all items, make an offer. Contact Jeannine Milburn at 613-831-4088.



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Dan Cowley
Owner

290 Rideau St. (at King Edward)
Ottawa, Ontario, K1N 5Y3
(613) 241-6382
doncherrys290@rogers.com

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613-253-7476




City of Ottawa
110 Laurier Avenue West
Ottawa, ON K1P 1J1
tel.: (613) 580-2752
Allan.Hubley@ottawa.ca
www.CouncillorAllanHubley.ca

@allanhubley_23 | allan.hubley.5

ALLAN HUBLEY COUNCILLOR, KANATA SOUTH WARD