CORNERSTO





"A growing community called to know Jesus Christ and make him known in the world by our presence."

Sunday Services

8:00 a.m. – Holy Communion Said service 9:15 a.m. – Traditional/Choral Holy Communion. Kids are invited to join the God Squad for children's worship, crafts and games. Nursery care also available.

11:00 a.m. – Praise Music Holy Communion. Kids are invited to join the God Squad for children's worship, crafts and games. Nursery care also available.

Other Services

9:45 a.m Wednesday – Eucharist and Bible Study 2:00 p.m. Thursday – "Seniors' Afternoon Out" Service and Social 9:30 a.m. to noon Sunday – EPIC, for youth aged 10 to 18

Inside this issue:

- **Messages from Father** John and Father Craig
- **Building Strong Families**
- **Hugs for the Homeless** ...and more!

February edition deadline: Tuesday, February 12, 2013 Please send submissions to: cornerstone@stpaulshk.org



From the Desk of Father Craig

Happy New Year!

It seems like just yesterday we were sharing the joy of Christmas together! No fears that we wouldn't

have a white Christmas this year. The sounds of the children and the Christmas Pageant, the traditional carols, and the quiet of Christmas day are still with me today.

There is still wonder, surprise even, in the birth of Christ. The smiling faces that entered the office bringing in gifts were humbling. And they do it in celebration of our common hope in this child born in Bethlehem.

Surprised by Hope! Seeing all the children on Epiphany Sunday reminded me of something I don't want to lose, *wonder and awe*! I want to remain constantly in awe of this wonderful, hope-filled God that we come to worship.

In the days to come we will be exploring a study called *Surprised by Hope*, as well as learning of the joy of the sacraments of the Church in our Lenten Lunch n' Learn series *Life of Faith*. We will be, once again, welcom-

ing youth from our parish and others to celebrate the holy day of Ash Wednesday.

We share these joys knowing that there is nothing God can't overcome, including death. We as Christians make claims — wild and surprising claims — about Jesus conquering death. And all who experience death, and we all do, know of the pain it brings. And so we gather, we care for one another, and we remember that God has the final word: life! He came so that we might have life and have it abundantly.

On January 20th we once again will gather with those who have lost loved ones. We will show our care, Jesus' care, and we will commend those who have died to this God of love.

I pray that we continue to share the wild, surprising hope of our God. May 2013 be a year in which more and more people come to share this hope with us.

In Christ, *Fr. Craig* +



A Message from Father John Blessings for the new year

Father John sends his best wishes to you and your family from the sunny south.

We can look forward to hearing more from him next month!



Spring Courses offered in Kanata and Stittsville Strong Marriages, Strong Parents, Strong Families

If you are contemplating marriage, have been married a while, are bringing up children or grandchildren, these courses are a great opportunity to hone your skills and greatly benefit your family. After a very successful fall program when 100 local people joined 9 courses in parenting and marriage, we have launched the January – April program.

The 4 primary courses are: the Marriage Prep course, the Marriage Course, Parenting Children, and Parenting Teenagers. Other related courses will also be offered, such as the Alpha Course, Beta courses, etc. Costs for attending and materials will be less than \$20 for the four primary courses. Although both parents are encouraged to attend all sessions, it is not essential — one parent is welcome, maybe switching on alternate weeks, and will still benefit strongly from the course.

Building Strong Families Schedule of courses (may change) Time Course Starting Sessions **Parenting Teenagers** Mon 7 Jan 7:00 pm 5Fri 18 Ian 7 6:30 pm Alpha Course Sun 13 Jan Marriage Course 7 6:00 pm

Mon 21 Jan	8:00 pm	Parenting Children	5
Wed 23 Jan	7:30 pm	Marriage Prep	7
Mon 18 Mar	6:30 pm	Marriage Course	7

For more information, or to register for a course, please call 613-592-5310.



Hugs for the Homeless

A big thank you to all who donated knitted or crocheted scarves to Hugs for the Homeless.

215 scarves were delivered and shared between the 505 Center and the 454 Center.

I am sure these scarves are giving a warm hug to everyone who received them!

Janet Tonks





Just for fun

The \$2.99 Special

We went to breakfast at a restaurant where the "seniors' special" was two eggs, bacon, hash browns and toast for \$2.99.

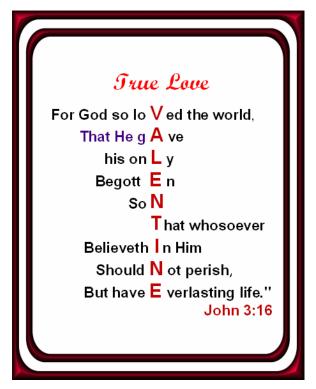
"Sounds good," my wife said. "But I don't want the eggs."

"Then, I'll have to charge you \$3.49 because you're ordering a la carte," the waitress warned her. "You mean I'd have to pay for not taking the eggs?" my wife asked incredulously.

"YES!" stated the waitress.

"I'll take the special then," my wife said. "How do you want your eggs?" the waitress asked. "Raw and in the shell," my wife replied.

She took the two eggs home and baked a cake.





Do you have something you would like to, sell, trade, or give away?

There may be someone in our parish looking for that very thing!

Our Crazy Language

There is no egg in eggplant, nor ham in hamburger; neither apple nor pine in pineapple. English muffins weren't invented in England or French fries in France. Sweetmeats are candies while sweetbreads, which aren't sweet, are meat. Quicksand can work slowly, boxing rings are square and a Guinea Pig is neither from Guinea nor is it a pig.

If teachers taught, why didn't preachers praught? If a vegetarian eats vegetables, what does a humanitarian eat?

In what language do people recite at a play and play at a recital? Park on a driveway and drive on a parkway? Ship by truck and send cargo by ship? Have noses that run and feet that smell?

How can a slim chance and a fat chance be the same, while a wise man and a wise guy are opposites?

Your house can burn up as it burns down. You fill in a form by filling it out. An alarm goes off by going on.

English was invented by people, not computers, and it reflects the creativity of the human race, which, of course, is not a race at all. That is why, when the stars are out, they are visible, but when the lights are out, they are invisible.

What a crazy language!

St. Paul's Agora

You are invited to place your advertisements in this section of the Cornerstone, free of charge. This is an opportunity for us all to come together to meet each others' needs. Kind of like a parish garage sale, without the rain!

Simply send your ad to: cornestone@stpaulshk.org

Please, no business advertisements, or offers of professional services. If you would like to purchase a space for your business card in the Cornerstone, please send an email to: <u>cornerstone@stpaulshk.org</u>. St. Paul's Church is not responsible for transactions conducted through this section.

Bathtub assist available ... looks like a chair with no arms. Please call Jean Sibbert 613-831-8044



